



Active October Week 2



Dear parents/carers

Thank you for helping us to make our first week of Active October a success. It has been great seeing so many children not just being active but also having fun, learning new skills and enjoying the local environment. We hope that you have enjoyed seeing our painted stones as you have walked to school.

This week, we have also started our Wow Challenge. This is a national scheme where the children are rewarded for actively travelling to school. Every day our Wow Ambassadors will track how their class have travelled to school. The aim is to actively travel to school eight times a month. (Park and Striding from the Church of the Nazarene counts!) Anyone who completes this will receive a badge. There are different badges to collect each month. It has been a great time to launch this as next week is Walk to School Week!

The theme this year for Walk to School week is Space. We will be dressed up and outside of school in the morning. We will be welcoming everyone who walks, bikes, scoots or uses the Park and Stride with a sticker.

On Monday, we are really pleased to welcome breakdancer Jaron Joiner back to school. He will be leading sessions throughout the day for all children from Nursery to Year 6. Many classes will also have the chance to work with Gemma from Sainsburys. They will be taking part in healthy eating workshops and enjoying strawberry caterpillars, fruit cones and healthy salads.

Our Year 6 children have a busy couple of days including a visit to Safety Works in Newcastle and a team attending a Dodgeball festival.

We will also be continuing our drumba sessions and the Moki Class Challenge, with Year 3 and Year 4 battling it out to see who is the most active class.

N.B. There are some changes to when PE kits will be needed for next week - see the days outlined below for each class:

Reception	Monday		
Year 1	Monday and Wednesday	Year 4	Monday Wednesday and Friday
Year 2	Monday, Wednesday and Friday	Year 5	Monday, Thursday and Friday
Year 3	Monday, Tuesday, Wednesday	Year 6	Monday and Thursday

We are really looking forward to a great second week of Active October.

The Eastlea Brainwaves Team