



Cramlington School Sport Partnership



Newsletter Autumn Term 2015-16

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School Sport Partnership Update

Cramlington School Sport Partnership is funded by the Government's Primary PE and Sport Premium. This funding—provided jointly by the Departments for Education, Health and Culture, Media and Sport—is allocated to primary school Headteachers, where the funding is ring-fenced and therefore can only be spent on the provision of PE and sport in schools. The 7 Cramlington

primary schools have pooled their money to achieve maximum impact and ensure pupils across Cramlington have similar opportunities.

We are now in the third year of the Sport Premium funding and Cramlington SSP, and the programme continues to develop, with the aim of increasing the range of opportunities available to

children and ensuring that there is sustainability to leave a lasting legacy for the future.

In December 2015, with the publication of the Government's new strategy for sport and an active nation, it was announced that investment in the PE and Sport Premium funding will continue.

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Cramlington School Games Mark Success

School Games Mark is a national award to recognise and reward schools for their commitment to PE, school sport and the development of competition across their school.

2014-15 was the most successful year so far for the 7 schools in Cramlington School Sport Partnership:

Burnside: Bronze Award (maintained from previous year)

Beaconhill: Silver Award (progressed from Bronze Award)

Hareside: Silver Award (maintained from previous year)

Cragside: Gold Award (progressed from Silver Award)

Northburn: Gold Award (progressed from Silver Award)

Shanklea: Gold Award (progressed from Silver Award)

Eastlea: Gold Award (maintained from previous year)

from previous year).

Nationally, less than 1 in 10 schools achieve the Gold Award, so it is outstanding that so many schools in our Partnership have been successful in reaching this level. Congratulations to all schools and thanks to everyone who has been involved in achieving these awards.



Cramlington & Seaton Valley Sports Awards Night

With generous sponsorship from our friends at The Education Network, in November we held our first "Cramlington & Seaton Valley Sports Awards" night. This event was to share and celebrate the achievements of schools across both Partnerships.

The Awards ceremony was held at Cramlington Learning Village, where representatives from 14 schools were presented with their School Games Mark certificates. The School Games are sponsored nationally by Sainsburys, and the awards were presented by Diane Lawson and Jen Western, Manager of Cramlington Sainsburys.

In addition to celebrating the School Games Mark achievements of our schools, guests were also treated to a rousing welcome from Cramlington Caribbean Crew, and performances of skipping by Seaton Sluice Middle School and Hulahooping by Beaconhill Primary School.

Although schools were already aware of their School Games Mark awards, there were also presentations of 5 special

awards throughout the evening, which the schools did not know about. The special awards recognised outstanding progress and achievement in different areas of the School Games programme—Improving Health & Well-being, Excellence in Competition, Developing Leadership & Volunteering, Participation in PE & School Sport, and Promoting & Demonstrating the School Games Values.

Three of these awards were presented to Cramlington Schools: The award for Developing Leadership & Volunteering was presented to **Shanklea Primary School**, in recognition of them achieving the highest number of active sports leaders and also creating a culture of leadership and volunteering. Their Sports Council and Sports and Equality Ambassadors are at the centre of planning and decision making, promoting fair play, and they have over 60 Sports Leaders organising daily activities on the playground.



Northburn Primary School were presented with the award for Participation in PE & School Sport. The vast array of extra-curricular activities offered by both school staff and community coaches meant that Northburn had the highest percentage of

participation of all schools within both Partnerships. Every pupil from Y1 to Y6 attended sports festivals, and they provided their pupils with opportunities to compete in 12 Level 2 School Games competitions with additional opportunities to compete in basketball, cricket, football, skipping and tennis.

The most prestigious award went to **Eastlea Primary School** for Promoting & Demonstrating the School Games Values. The six School Games Values are passion, self-belief, respect, honesty, determination and teamwork, and the staff and pupils at Eastlea embrace these not only in PE, school sport and competition, but in all aspects of



school life. The school show dedication and commitment to all areas of school sport and competition, fully embracing all opportunities for their staff and pupils.

Many thanks to The Education Network for providing such a fantastic event to enable Headteachers, school staff, governors and pupils to get together and celebrate all of the excellent work going on in our schools.



Hoopstarz

All 7 schools have been involved for a second year in the healthy activity Hula Hooping project led by KidzRFit. Every school hosted a "Hoopstarz Experience Day" for pupils in reception to Y3, where they enjoyed learning new tricks and skills as well as playing fun games. All Y3 pupils



also attended a half day Hoopstarz Festival, held at Blyth Sports Centre. At the festivals they learnt more tricks and games, whilst making new friends from different schools. In a bid to ensure that this valuable physical activity continues in the



schools, training has been offered for both staff and to teach Y3 pupils to be playground "Hula Hoop Leaders".



Y2 Multiskills Festivals

In October, all Y2 pupils from **Beaconhill, Cragside, Eastlea, Hareside** and **Northburn** Primary Schools attended our Y2 Multiskills Festival, held at Blyth SC. The children took part in 12 different fun activities, designed to develop their fundamental movement skills, including agility, balance and coordination.



The 12 activities were led by Y5/6 Sports Leaders from **Beaconhill, Cragside, Eastlea** and **Hareside**. The Sports Leaders had a chance to demonstrate their organisation and communication skills, as well as developing their confidence and responsibility. They did a fantastic job and helped to ensure that there were plenty of smiles and that both festivals ran without a hitch.

Y4 Rugby Festivals

In September, all Y4 pupils from **Burnside, Cragside, Eastlea** and **Shanklea** attended our first Y4 Tag Rugby Festivals, hosted by Cramlington Rockets Community. Pupils took part in a carousel of fun games, led by Sports Leaders from Cramlington Learning Village, followed by an opportunity to play friendly games of tag rugby. Unfortunately the



third festival, for Beaconhill and Hareside, was cancelled due to poor weather.

Pupils in KS2 at **Shanklea, Hareside, Eastlea** and **Cragside** have also enjoyed Tag Rugby coaching in their PE lessons during the Autumn term, from Rockets Community Manager Steve Beaty. This coaching programme is aimed at up-skilling teachers and helping to prepare pupils for the Level 2 School Games competition, which will be held in the summer term. Coaching will



take place at the other

schools in the Spring term.

Cramlington Rockets provide rugby league coaching for boys and girls aged 5+, and multi-sport holiday camps for 5-11 year olds. For further information please contact Steve Beaty: rocketscommunity@gmail.com, 07984630083.

Y5 Hoops4Health Basketball

Year 5 pupils from all 7 schools took part in the annual Newcastle Eagles Hoops4Health programme. Schools receive a Healthy Lifestyle Roadshow, delivered in school by Newcastle Eagles players and staff, and basketball coaching from Anthony Sampson of Newcastle Eagles Community Foundation, which enables them to enter the Cramlington & Seaton Valley area Hoops4Health Basketball competition.

The Hoops4Health competition was held at Blyth Sports Centre in November, and saw 18 teams competing with great determination, teamwork and displays of great individual skill.

The competition format led to **Burnside Primary** and **Northburn Primary** as the two teams who would progress to play in the



Pupils from Eastlea Primary School with Newcastle Eagles players at their Healthy Lifestyle Roadshow

Burnside v Northburn in the finals competition



Northumberland Hoops4Health finals. The Northumberland finals were held at the Newcastle Eagles game at Sports Central on 27th November. **Burnside** and **Northburn** played in a round-robin tournament before the Newcastle Eagles game, competing against each other as well as Ponteland Middle, Tweedmouth



Middle and Newminster Middle.

Northburn finished in 3rd place after the round-robin stage, and Burnside progressed to the final, which was played at half-time during the Eagles' match. The closely fought final, against Ponteland Middle, saw only one basket scored by Ponteland to see them finish as winners and **Burnside** finish as runners-up. Well done to Burnside who finished 2nd out of 32 teams from across Northumberland who started the competition.



Level 2 School Games Competitions

Pupils in Key Stage 2 (years 3-6) are involved in a programme of competitive sports at 3 levels:

Level 1: Intra-school competition—competition for all pupils in school, including in PE lessons, extra-curricular clubs, and sports day (School Games Day)

Level 2: Inter-school competition—teams are selected to compete against other schools from Cramlington & Seaton Valley

Level 3: Northumberland School Games—winning teams from each level 2 competition go to the Northumberland multi-sport event and compete against other winning teams from across Northumberland.

Through the appropriate use of competitive sport, pupils are encouraged to show the School Games Values: determination, passion, self-belief, respect, honesty and teamwork.

Year 4 Football

Teams from **Beaconhill, Burnside, Cragside** and **Eastlea** took part in the Y4 football competition, held at Seaton Sluice Middle School. Burnside A and Cragside, the previous year's winners of this competition, progressed to the semi-finals, where they lost out to Seaton Sluice First School and the eventual winners Holywell Village First School. Well done to all the players.

U11 Sportshall Athletics

Cragside, Eastlea and **Shanklea** took part in December's U11 Sportshall Athletics competition at Blyth Sports Centre. Teams took part in a variety of track events, including the 1 lap sprint and over and under relay, as well as field events including speedbounce and standing long jump. In a closely fought competition, Shanklea, who were last year's winners, finished in second to Seaton Sluice Middle School by just 4 points. Well done to athletes from all schools who took part.



Top-Up Swimming

Swimming continues to be high on the agenda in the new National Curriculum for PE as well as the Government's new strategy for an Active Nation. Schools must provide swimming instruction in either KS1 or KS2, and the expectation is for pupils leaving primary school (Y6) to be able to swim 25m. Swimming is one of the easiest forms of exercise for children of all abilities,

and school swimming is the most effective way of teaching children how to be safe in and around water (www.swimming.org/schoolswimming).

At October half term, we offered heavily subsidised, intensive swimming courses, aimed at pupils who are not yet meeting the 25m requirement. 32 pupils registered

for the additional swimming lessons at Concordia. 29 pupils completed the week-long course, with notable increases in confidence and pupils progressing from non-swimmer to being able to swim, and almost 40% achieved 25m by the end of the sessions.

Well done to everyone who took part—Keep up the good work!

Professional Development

Sport Premium funding is being used to provide high quality professional development opportunities for teachers and staff, to support the delivery of high quality PE and School Sport in our primary schools.

This term, 5 teachers have embarked on the new professional qualification in Primary PE Specialism. The Level 5 Certificate in Primary School Physical Education Specialism and Level 6 Award in Primary School Physical Education Subject Leadership are bespoke qualifications for primary school teachers developed by the Association for Physical Education (AfPE) and Sports Leaders UK. Cramlington School Sport Partnership is one of the first accredited Professional Learning Centres in the North-East, with our teachers being some of the first nationwide to work towards this professional qualification.

This term, teachers at **Beaconhill** and

Cragside have had opportunity to work with Cheryl Day from Creative Dance North East, as she delivered a half term of high quality dance lessons to pupils in KS2. This training

was developed to increase teacher confidence and expertise in teaching dance as part of PE, with very creative results being seen from the pupils taking part. This support for teachers continues in the Spring Term at **Burnside, Hareside** and **Northburn**.



Teachers in **Shanklea, Hareside, Cragside** and **Eastlea** have worked alongside Steve Beaty of Cramlington Rockets. As well as helping to prepare pupils for the School Games competitions later in the year, this programme is also aimed at up-skilling teachers in teaching tag rugby to their pupils. This programme continues in the other schools throughout the Spring Term.

There have also been opportunities this term for training in HulaHooping, as part of our Hoopstarz project, and support in preparing pupils for the Y5 Skipping Festival and Y3/4 School Games Gymnastics competition.

School News

Cragside CofE Primary School celebrated success in the Summer Term, when they became the first primary school to win the Northumberland FA's U11 Laidler Cup football competition.



Burnside and **Shanklea** Primary Schools both organised special weeks for their pupils based on promoting active and healthy lifestyles. At **Shanklea**, they built upon their links with community coaches from Newcastle United Foundation and Cramlington Rockets, who delivered both practical sessions and classroom based



Burnside's "All Together Active" week saw all pupils taking part in

work on nutrition and healthy living. They also had a sports night for their children and families, which included community clubs and other organisations who have a role in promoting healthy lifestyles—Cramlington Rockets, Morpeth Harriers, Police, Forever Living, Sainsburys, Cramlington Utd Football, Active Northumberland, Stop Smoking, Cramlington Community Tennis Programme and Daft as a Brush. They also included a healthy "Ready, Steady, Cook" competition where families competed to cook a healthy meal in a given time. The winners were the Red Tomatoes!

different activities every day. Each day started with a mass warm-up with all pupils and teachers taking part. Activities throughout the week involved community partners including Cramlington Rockets, Newcastle United Foundation, Cramlington Community Tennis Programme, Arcot Hall Golf Club, Concordia Squash Club and Northumberland Cricket Board. During the week, pupils in reception to Y3 took part in their Hoopstarz day, a group of Y3 pupils were trained as Hula Hoop leaders and a group of Y6 pupils were trained as Sports Leaders.

Pupils also enjoyed a climbing wall and Newcastle United Foundation's "Goal-den Shot" inflatable speed cage.



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Dates for your Diary

SPRING 1

Friday 15th January—Level 5 PE Specialism Qualification Day 2, Eastlea
Friday 15th January – Y5/6 G&T Testing – 3.30-5.00pm, CLV (invite only)
Friday 22nd January – Y5/6 G&T Testing – 3.30-5.00pm, CLV (invite only)
Friday 29th January-Friday 18th March – Y5/6 G&T Multiskills Academy, 3.30-5.00pm, CLV
Tuesday 2nd February—PE Coordinator Meeting, 3.45-4.30pm, CLV
Thursday 4th February – School Games Y3/4 Gymnastics, 9.30-11.45am, Northern Gymnastics Centre
Friday 5th February—Level 5 PE Specialism Qualification Day 3, Eastlea

SPRING 2

Wednesday 24th February—TOP Games CPD, venue tbc
Wednesday 24th February – School Games Y5/6 Girls' Football and Y5 Boys' Football, 3.30-5.00pm, CLV
Friday 4th March—Level 5 PE Specialism Qualification Day 4, Eastlea
Thursday 10th March—Y5 Skipping Festival, am, Blyth SC
Tuesday 15th March—TOP Gymnastics CPD, venue tbc
Wednesday 16th March – School Games Y6 Netball, 3.30-5.00pm, CLV
Wednesday 23rd March – School Games Y5 Hockey, 3.30-5.00pm, CLV

Sports Leaders

Children in Y3, and Y5/6 have been busy developing their leadership skills with Mr Dowson from Shape Performance. Y3 pupils have been learning about leading hula-hoop games and activities and setting up their own hula-hoop club on the playground. Y5/6 pupils have been developing their organisation and communication skills as Sports Leaders, many of whom are busy on a daily basis in their school playground and many who also helped to run our Y2 Multiskills Festivals.

Children in nursery, reception and KS1 across Cramlington have enjoyed taster sessions in Yoga from teacher Debbie MacAlister. The exciting and engaging sessions are all-inclusive and non-competitive and can lead to improvements in concentration, coordination, strength and flexibility. Children are led through creative stories incorporating yoga movements, stretches, bends, and balances. This combines to support and strengthen the children both physically and mentally by building confidence in themselves and improving their listening skills and ability to follow instructions. All sessions end with a few minutes of relaxation, which they absolutely love!



Community Links

Cramlington Community Judo Club: Kevin Pattison of Judo@School has done work across many of the Cramlington schools over the past 2 years. This has led to the setting up of a new community Judo Club, to be based at Northburn Primary School. The new club starts on 6th January, with sessions for ages 7+ from 4.30-5.30pm on a Wednesday. Places are limited, for more information and to book a place, please contact Kevin: 07415955238

Cramlington Rockets: Rockets Community continues to go from strength to strength, with their record-breaking holiday camps, and community work with all Cramlington primary schools. In the summer, Community Manager Steve Beaty and Head Coach Danny Gilroy were presented with an "Outstanding Contribution" award in recognition of their work in North East Schools Rugby League. Well deserved, and well done to the community team!



SUPPORTING CRAMLINGTON

The Education Network is a proud sponsor of the Northumberland School Games and many events taking place around Cramlington. We will shortly be announcing an exciting **School Awards Event** through your school which will celebrate the very best teachers, pupils and achievements over the last year.

We have a dedicated team who work closely with local schools and provide outstanding teaching staff—both temporary and permanent—in local schools.

We are always looking for excellent teachers, classroom assistants and TAs to register with us. Please visit our website www.theeducationnetwork.co.uk or call our Cramlington office on 01670 737264 for more information.