



Y5 Skipping Competition

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In March we held our annual Y5 Skipping Competition. 170 children from across Cramlington & Seaton Valley, including teams from **Beaconhill, Burnside, Cramlington Village, Eastlea, Northburn and Shanklea** took part in the event at Killingworth's Lakeside Centre.

The event was officiated by 46 Y7 and Y8 Sports Leaders from Whytrig and Seaton Sluice Middle Schools, who explained and demonstrated the skills and then counted and recorded the scores. 8 children from each school competed in the individual skills of Speedbounce, Hop & Swap and Sideswing. Four children from each

team took part in Pretzel and Crossover, and pairs of pupils competed in Face-to-Face and Butterfly, before the whole team joined in Run-Jump-Out.

The Skip Dance routines are always the highlight of the competition. Each school prepares and performs a skipping routine to music and, as always, it was evident how hard the schools have worked in preparation for the event and everyone enjoyed watching the other dances.

One of the main aims of the Skipping Competition is to encourage increased physical activity, and the standard of skipping demonstrates

how much practice has gone on beforehand in the schools, both in PE lessons and at playtimes. Some of the schools start their preparation as early as October, and there were many reports of pupils who couldn't skip at all at the start, who through hard work and determination were there competing with their team. Schools also report a ripple effect on younger pupils in the school as they are keen to copy and learn from the Y5s that they see skipping in the playground.

Every single skip by every member of the team contributes to their school's total. Scores in each event are ranked and then the ranked scores are added for the overall finishing positions.

Burnside Primary School continued their very impressive run in this competition, winning virtually all of the different events and being crowned the overall champions.

Congratulations to the Burnside skipping team and staff, and well done to all of the children who competed in this event. Special thanks to all of the staff involved in the preparation necessary for their pupils to take part.



Event	1 st place	2 nd place	3 rd place
Speedbounce	Burnside	Northburn	Eastlea
Hop & Swap	Burnside	Seaton Sluice Middle	Shanklea
Sideswing	Burnside	Eastlea	Shanklea
Crossover	Burnside	Northburn	Beaconhill
Pretzel	Burnside	Beaconhill	Cramlington Village & SSMS
Face-to-Face (Pairs)	Burnside	Beaconhill	Northburn
Butterfly (Pairs)	Eastlea	Whytrig Middle	Northburn
Skip Dance (Team)	Burnside	Beaconhill & SSMS	Whytrig Middle
Run Jump Out (Team)	Burnside	Beaconhill	Seaton Sluice Middle
OVERALL POSITION	Burnside	SSMS	Beaconhill & Northburn

School Games

These Level 2 competitions are for schools in Cramlington and Seaton Valley, which is our School Games area. The overall winning team from each cup competition will progress to represent our area at the Level 3 Northumberland School Games finals which will be held in the summer.

Y3&4 Gymnastics

Teams from Burnside, Craggsdale, Cramlington Village, Eastlea, Northburn and Shanklea attended the Gymnastics competition, which was hosted by Northern Gymnastics Club. At the competition, gymnasts perform two set routines, which had been perfected in their preparations at school. The routines were scored and the points combined into a team total. The gymnasts were also able to take advantage of being in the specialised gymnastics centre and were able to try sports



acro, vault and beam activities throughout the morning.

1st: **Craggsdale CofE Primary**

2nd: **Northburn Primary**

3rd: **Burnside and Shanklea Primaries**

School Games Value Award: **Cramlington Village Primary**

Y5 Hockey

Teams from Craggsdale and Shanklea joined teams from Hareside, Whytrig and Seaton Sluice Middle Schools in the Y5 Hockey competition. Hockey is often new to pupils at this age and the progression seen throughout was very positive. There were 2 separate competitions—a cup competition which will progress through to the Level 3 county finals, and a shield competition which might be more appropriate for smaller schools or "B" teams.

Cup Competition

1st: **Shanklea Primary**

2nd: **Craggsdale and Hareside Primaries**

3rd: **Whytrig and Seaton Sluice Middle**



Shield Competition

1st: **Hareside Primary**

2nd: **Whytrig Middle**

3rd: **Shanklea**

Primary

Y6 Hockey

Beaconhill, Burnside, Eastlea, Northburn and Shanklea represented Cramlington SSP at this area tournament. Like the Y5 event, there were cup and shield competitions.

Congratulations to Northburn who made the final of both competitions!

Cup Competition

1st: **Whytrig Middle**

2nd: **Northburn**

3rd: **Burnside Primary**

and Seaton Sluice Middle

Shield Competition

1st: **Whytrig Middle**

2nd: **Northburn Primary**

3rd: **Seaton Sluice and Whytrig B**

School Games Value Award: **Northburn Primary**



Showing Potential Academies

We run two programmes each year for KS2 pupils who are identified by their school as "showing potential". This year, our Dance Academy programme is running for the first time, with an enthusiastic group of dancers representing all of the Partnership primary schools. Working with dance teacher Rachael from Creative Dance North East, they spent the Autumn term working on technique and a short piece of choreography that was performed for parents and in some of the primary schools. They are now preparing two performances for the first Cramlington & Seaton Valley School Sport Partnerships' Dance Festival, which will be held in July.

Multiskills Academy is a programme for Y5&6 pupils who may show potential in a range of sports. This is the 6th year of the Multiskills Academy programme, during which pupils work with specialist teacher Mr Dowson to develop their fundamental skills, alongside an insight into training methods such as mental preparation, goal setting, nutrition, etc, all of which should help them to succeed in their chosen sports and activities. Pupils representing all of the Partnership schools have shown a lot of commitment to the sessions and have taken part in all activities with positive attitude

and determination, resulting in impressive improvements in a range of skills tests which were carried out at both the start and end of the 8 week programme.



Multiskills Academy Class of 2019



Curricular and Extra-Curricular Programmes

A core aspect of the School Sport Partnership programme is enhancing PE lessons and extra-curricular activities in the schools. Through this year-round work we target improvements within the PE and Sport Premium key indicators:

- ◆ the engagement of all pupils in regular physical activity – the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
- ◆ the profile of PE and sport is raised across the school as a tool for whole-school improvement
- ◆ increased confidence, knowledge and skills of all staff in teaching PE and sport
- ◆ broader experience of a range of sports and activities offered to all pupils
- ◆ increased participation in competitive sport

Through working alongside specialist coaches and teachers, we are increasing the range of opportunities available to pupils, but also improving the subject knowledge and confidence of teaching staff in these activities, to promote sustainability for the future.

During the Spring Term, our new programmes of Pilates and Badminton for selected classes in KS2 have continued in Beaconhill, Burnside, Cramlington Village, Eastlea and Shanklea. Pilates is appealing to children who might not enjoy the competitive nature of "traditional" sports, and all children are enjoying challenging themselves to improve as the weeks go on. Teachers have reported that "every child experienced success...there was a huge impact in determination and children who do not normally shine at PE games and competitive sports really improved". The children in one school summed up their Pilates sessions as "the best PE lessons ever!". Badminton has been a new activity to many pupils and there have been good improvements seen in the basic skills necessary to play the game. Teachers' feedback indicated that all pupils were able to experience success and progress at their own level, and that the sessions were enjoyable and left children wanting to play more badminton.



Our on-going programmes designed to increase the skills, knowledge and confidence of teachers during curriculum PE lessons have continued during Spring Term. "Sport and Play", our EYFS/KS1 Multiskills programme led by The Futsal Partnership which aims to increase physical literacy and fundamental movement skills, has been delivered in Burnside, Craggside, Northburn, Eastlea, and Cramlington Village. Yoga delivered by Debbie MacAlister has previously been aimed at pupils in Nursery/Reception, but this year has been offered to any year group. During Spring, Debbie has worked in Eastlea and Burnside, alongside a year round programme at Northburn. There has also been a continuation of support for Dance from Creative Dance North East and gymnastics delivered by School Sport Partnership staff.

Our extra-curricular programme continues to engage more children in regular physical activity and to prepare teams for School Games competitions. Clubs in the Spring term have included badminton, boxing, dodgeball, gymnastics, dance, netball, golf and pilates.



Gallery



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