SUMMER MENU 2023 Homemade Dish

WEEK ONE

🕕 Lupin 🔯 Milk

Molluscs

Peanuts

Sesame Seeds Soya

Sulphur Dioxide

Cereals Containing Gluten **Crustaceans** Mustard 🎹 Nuts 🚹 Eggs

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Turkey dinosaurs	Chicken curry with Naan bread	Roast of the Day with Yorkshire Pudding and gravy	Meatballs	Cheese and tomato pizza
Potatoes Pasta/Rice	Savoury wedges	Rice	Roast potatoes	Pasta Ø	Chips
Vegetables	Peas	Sweetcorn	Seasonal vegetables	Mixed vegetables	Baked Beans / Garden Peas
Salad Bowl	Seasonal Salad	Seasonal Salad		Seasonal Salad	Seasonal Salad
Starters or Sweets	Tray bake and milkshake	Cheesecake	Crackers with cheese/jam	Apple crumble and cream	Choc ice

Fish



Fresh Fruit & Yoghurt available daily

Drinking water/fruit squash is available daily on the dining room tables



SUMMER MENU 2023 Homemade Dish Celery Cereals Containing Gluten Crustaceans EASTLEA PRIMARY SCHOOL EGgs Fish Clupin Milk Soya Nolluscs Molluscs Mustard Nuts Peanuts							
	Monday	Tuesday	Wednesday	Thursday	Friday		
Main Course Choices	Healthy Oven Cooked ALL DAY BREAKFAST Choice of bacon, sausage or ham Scrambled egg	Chicken chow mein prawn crackers and curry sauce	Roast of the Day with Yorkshire Pudding and gravy	Chicken wrap with mayo, sweet chilli or BBQ sauce	Fish fingers		
Potatoes Pasta / Rice	Potato waffle	Noodles 🔀	Roast Potatoes	Rice	Chips		
Vegetables	Baked beans Tomatoes Mushrooms	Sweetcorn	Seasonal vegetables	Mixed veg	Baked Beans / Garden Peas		
Salad Bar		Seasonal Salad		Seasonal Salad	Seasonal Salad		
Starters or Sweets	Traybake and milkshake	Chocolate muffin	Jelly and ice-cream	Biscuits 👰	Arctic roll		







SUMMER MENU 2023 A Homemade Dish Celery Cereals Containing Gluten Crustaceans Eggs WEEK THREE A Homemade Dish Milk Nord Molluscs Mustard Nuts Peanuts

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Mild chilli	'Toad in the hole'	Roast of the Day and gravy	Spaghetti bolognaise	Oven baked sausages
Potatoes Pasta / Rice	Rice	Mashed potato	Roast Potatoes	Pasta	Chips
Vegetables	Sweetcorn	Garden peas	Seasonal vegetables	Mixed vegetables	Baked Beans / Garden Peas
Salad Bar	Seasonal Salad	Seasonal Salad		Seasonal Salad	Seasonal Salad
Starters or Sweets	Traybake and milkshake	Crispy cake	Angel delight	Chocolate cake with chocolate sauce	99 ice cream tub

Fresh Fruit & Yoghurt available daily

Drinking water/fruit squash is available daily on the dining room tables

