



Cramlington School Sport Partnership

Newsletter Autumn Term 2013-14

Sport Premium Funding In Action!

The Government is providing £150 million per year, for the academic years 2013-14 and 2014-15. The funding is provided jointly by the Departments for Education, Health and Culture, Media and Sport and is ring-fenced so it can only be spent on PE and sport in schools.

Each primary school receives a lump sum of £8000 plus a premium of £5 per pupil. In Cramlington, all 7 primary schools have pooled their funding to work together as "**Cramlington School Sport Partnership**" to help to ensure that all pupils have access to high quality PE, appropriate sporting competition and opportunities to lead a healthy and active lifestyle.

The funding is being spent on:

- Employing a part-time specialist PE teacher to coordinate the programme and support teachers in the delivery of high quality PE.

- Releasing teachers for training and networking and providing high quality professional development opportunities and resources for teachers and staff

- Providing a calendar of appropriate competitive opportunities for **all** pupils (for example, whole year group festivals, intra- and inter- school competitions, virtual competitions)

- Increasing pupils' participation in Level 2 School Games competitions

- Increasing opportunities for participation in a wide range of extra-curricular opportunities

- Developing pupils' leadership skills through sport.

- Creating links with local sports clubs and community sport providers.

Ofsted will carry out a survey reporting on the expenditure and its impact, holding schools to account for how they have used this money.

This newsletter reports on the activities in that have taken place in the very first school term of the **Cramlington School Sport Partnership...**



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Professional Development

Eight teachers from the Cramlington Primary Schools attended the "First FUNS" course, led by National Tutor Lesley Doughty. This resource focuses on the **Fundamental Movement Skills** of Agility, Balance and Coordination for pupils in Early Years and KS1. Everyone left with lots of ideas to share with their colleagues and try out on their classes!

Nine teachers took part in

a **Gymnastics** CPD at Croftway Primary Academy, led by Advanced Skills Teacher and former Advisory Teacher Andy Brown. The day was full of forward rolls and cartwheels and one teacher has reported that "I have had a chance to put some of the things I have learnt into practice and look to carry on using the resources from the course" whilst a teacher at a different school has "already used gymnastic

skills within indoor PE, particularly balancing and travelling and symmetrical shapes with the body."

Y5 and Y6 teachers have had the opportunity to work in their PE lessons this half term with **Rugby** coach Steve Beaty. While the pupils have received high quality specialist coaching, the teachers have had the chance to watch the sessions and pick up tips and ideas.

Sports Thoughts:

- "Some people want it to happen, some wish it would happen, others *make it happen*"

(Michael Jordan)

- "Gold medals aren't really made of gold. They're made of sweat, determination, and a hard-to-find alloy called guts" (Dan Gable)

Year 2 Multiskills Festival

Year 2 multi skills festival 27.11.13

This was a whole day event attended by over 230 year 2 children from the Primary Schools in Cramlington. The children had the opportunity to try a variety of activities which required Agility, Balance and Coordination and were led very ably by over 60 Year 5/6 Sports Leaders from Beaconsfield, Eastlea, Northburn and Shanklea.

Grace (Y2): "My Favourite thing was the dance mats. I liked jumping on the spots and numbers and the leaders were really nice. I also liked the beanbag throw-I got it in the red and yellow and only just missed the blue!"

Lewis (Y2): "we were able to make friends with children from other schools. I met new people. The stacking cups were good fun."

Alyssa (Y6): "I really enjoyed how all the children were really friendly, well behaved and listened well. I enjoyed organising the little ones."

William (Y6): "I liked how everyone worked together and the teachers were helping. It was nice that everyone worked together and it didn't matter which school they were from."

Thank you to all staff and pupils who helped to make this event so enjoyable!

Blyth Valley Extra-Curricular Coaching



Sport Premium Funding is being used to increase the number and variety of extra-curricular opportunities in our Primary Schools.

In the Autumn Term there were 20 before school/lunchtime/after school

clubs led by qualified and experienced coaches from Blyth Valley Arts & Leisure, including dance, fitness, fencing, football and multi-skills. Emma: "the table tennis is really fun. They teach us things but in a fun way."

We get a chance at the end to do competitions and matches using what we have learnt".

Katie: "we learn dance steps and then it's put together in a routine."

Elize: "it's good, very entertaining!"

Hoops4Health

Hoops4Health

Hoops4Health is a healthy living promotional programme delivered by Newcastle Eagles. It involves Eagles and Team Northumbria players using their sport to deliver activities to promote and encourage healthy eating, exercise and healthier lifestyles. This was followed up by coaching sessions from Eagles coaches, culminating in a tournament held at Concordia on 20.11.13. Northburn Primary's teams finished in 2nd and 3rd place. The winners, Whytrig Middle School, went on

to have the amazing opportunity to play in the Hoops4Health finals at Eagles home venue at Northumbria University. They lost 4-0 in the final to Ponteland Middle School.

"It was weird to play our own school in the quarter final."

(Northburn Primary School)

Josh (Y5): "We learnt a lot from the coaching about healthy eating and pulse rate and things. It was good to see someone famous like Fabulous."

Ryan(Y5): "When we first started we just dribbled the ball but then we learnt it was better to pass it, find spaces and get closer to the net before we tried to score"



The Golden Mile

The Golden Mile is a safe, simple and measurable health & physical activity initiative accessible to all age groups regardless of ability. It aims to encourage and inspire participants with a focus on fun. The children are challenged to run or walk a total of 50 miles by July 2014. Regular activities improve fitness as the children run against the clock and compete against themselves. It encourages many more young people to get active.



Results from the Y6 challenge week:

1st Eastlea Primary School (average 7.06 miles per child)

2nd Shanklea Primary School (average 5.21 miles per child)

3rd Craggside Primary School (average 3.73 miles per child)

"We used The Golden Mile first thing to wake up in an enjoyable way. The pupils all took part and really enjoyed it, and we have kept it going one day a week since." Y6 Teacher, Eastlea.

Mia: "It was fun because we went really fast and raced against our friends."

Shane: "It was really tiring—we did over 7 miles!"

Lucy: "It was fun and exciting to find out we had won!"

Forthcoming Challenge Weeks:

Y5—week beginning 10th February 2014.

Y4—week beginning 3rd March 2014

Y3—week beginning 31st March 2014

FA Tesco Football skills

FA Tesco Football skills

This is a 6 week programme run by qualified coaches. It is structured to suit children of all abilities. The course covers the basics of football: passing, striking the ball etc using a multi skills approach. Children from absolute novices to more experienced players are challenged and developed throughout the sessions. The coach uses a combination of practical demonstrations and modern technology in the shape of an ipad allowing the children to comment and answer questions on what they observe.

All of the Cramlington primary schools will get a chance to work with coach Chris Foreman this year. This term, he has been

working with Y6 staff and pupils at Northburn Primary School:

Christian (Y6): "It's fun. I really enjoy the little matches. We get to play a match every week."

Abigail (Y6): "Chris (the coach) used a demonstration board to show us skills. He is good at explaining."

Daniel (Y6): "It doesn't matter if you're not very good. Chris tells us when we've done it right and explains how we can make it better."

Ellis (Y6): "I haven't played football before. I like the activities, I play with people who don't kick the ball as hard as

the boys. Chris encourages us and shows us what to do. I have learnt a lot."



Sainsbury's School Games



The Sainsbury's School Games is a unique opportunity to motivate and inspire millions of young people across the country to take part in more competitive school sport.

The Sainsbury's School Games are designed to build on the magic of 2012 to enable every school and child to participate in competitive sport. The Sainsbury's School Games are made up of four levels of activity: competition in schools, between schools, at county/area level and a national finals event:

- **Level 1** - sporting competition for all students in school through intra-school competition
- **Level 2** - individuals and teams are selected to represent their schools in local inter-school competitions
- **Level 3** - the county/area will stage multi-sport School Games festivals as a culmination of year-round school sport competition
- **Level 4** - the Sainsbury's 2014 School Games: a national multi-sport event where the most talented young people in the UK will be selected to compete in our sporting venues (including the Olympic Park in 2012).

The School Games Organiser for Cramlington & Seaton Valley is Marie -Anne Dowson.

The Sainsbury's School Games and its predecessor the UK School Games have a strong record of providing a springboard for athletes who then go on to compete at a national level.

Our Level 3 County event will be held in Cramlington on 25th and 26th June 2014. We are hoping that the Cramlington Schools will be well represented in the finals!

Level 2 School Games Competitions

Y5&6 Football

On 9th October, there were two football competitions for Y5/6 held at Sporting Club. Teams from Craggside C of E Primary and Northburn Primary competed against teams from Seaton Sluice and Whytrig Middle Schools in the girls' competition. Craggside finished in 2nd place, narrowly missing out on 1st place. In the boys' tournament, Shanklea, Hareside and Craggside C of E competed against the two Seaton Valley Middle Schools, with Craggside again finishing in 2nd place. Well done to Craggside C of E Primary School and all the schools that took part!

Y4 Football

4 teams; Eastlea Primary School, Seaton Sluice First School, New Hartley First School and Holywell Village First School entered the Cramlington & Seaton Valley Y4 football festival which took place at Astley High School. Before the matches kicked off the School Games values were explained to pupils. They were asked to think about and demonstrate these values throughout the competition. Staff and spectators were all very impressed as without exception the pupils lived up to the challenge. Eastlea Primary School showed excellent teamwork and determination, and finished in third place. Well Done!

Y5&6 Sportshall Athletics

Teams from Eastlea Primary School, Craggside CofE Primary School, Whytrig Middle School and Seaton Sluice Middle School battled it out in track and field events in the Y5/6 Sportshall Athletics Competition held at Concordia. Events included sprint and longer distance relays, throwing, including the foam javelin, and jumping, including the standing long jump and triple jump. The competitors gave it their all, with Whytrig Middle School finishing as the winners. Well done to all of the Y5/6 Athletes!

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Tag Rugby Coaching

In order to support schools to enter the KS2 School Games Level 2 Tag Rugby competitions, all schools were offered curricular/extra-curricular Tag Rugby coaching sessions. These sessions have been led by Steve Beaty, a level 2 rugby coach and local Rugby Development Officer based at Cramlington Rockets. All schools have taken up this opportunity in the Autumn term for year 5/6 with further coaching in the Spring term for year 3/4.

Sports Leaders

All seven Primary Schools have Y5 and/or Y6 pupils training and acting as Sports Leaders, both within the school and taking up opportunities to lead at Sports Partnership events. Beaconhill, Eastlea, Burnside and Northburn pupils have all received Sports Leader training in the Autumn Term from Gill Marsden, and pupils are busy logging their minutes and hours of leadership as they work towards their Bronze, Silver and Gold "First Step Leadership Award".

Dates for your Diary

Monday 13th January 4-5.30pm: **Teachers' Skipping Workshop** @ Concordia

Friday 10th/17th January 3.30-5pm@ Cramlington Sporting Club Y5/6 **G&T Academy Testing sessions**

Friday 24th January until Friday 7th March 3.30-5pm @ Cramlington Sporting club: **Y5/Y6 G&T Academy (invite only)**

Thursday 23rd January 9-3pm @Northburn Sport and Community Centre "**Learn to Compete, Compete to Learn**" CPD

Wednesday 29th January/5th February @ Concordia: **Y4 racket sports festival.**

Friday 7th February 9.30-11.30:Y3/4 **School Games Gymnastics** @Northern Gymnastics Club.

w/c Monday 10th February: **Y5 Golden Mile Challenge week.**

w/c Monday 3rd March : **Y4 Golden Mile Challenge week.**

Wednesday 26th March am: **Y5 Skipping Festival** @Concordia.

w/c Monday 31st March: **Y3 Golden Mile Challenge week**

Also happening this term:

Y3/4 Tag Rugby Coaching

Y3 Tennis Coaching

FA Tesco Skills Football Coaching

Y5/6 Badminton Coaching
