

Dear Parent/Carer

28th April 2016



Eastlea school Lunches – revised summer menus

As explained in a previous newsletter our summer term menus started after the Easter break. We have now run a complete cycle of the 3 weeks of the new menu and there have been positive responses from the children to the choices on offer. Our Kitchen Committee have been looking into the possibility of changing the Monday 'Pasta Master' and following discussion with the rest of the pupils, it has been decided to go ahead with this.



We are pleased to announce that from now on the Monday lunches each week will have a theme of an '**ALL DAY BREAKFAST**'. This will be a healthy, oven cooked meal which will include several options for the children. They can choose either bacon, sausage or ham; plus, scrambled egg, baked beans, bread and a hash brown with hopefully tomatoes and mushrooms introduced as well! We know the children are excited about this change and hope that it will be a success. Due to the bank holiday next week, **the first Monday 'Healthy All Day Breakfast' will be served on Monday 9th May.**



The rest of the summer menus will remain unchanged – copies are included below/overleaf for your reference. We start with week 1 of the menu next week (w/b 2nd May).

Yours sincerely,

Miss Beeston (Head Teacher), Ms Williams (Cook)
and Kaitlyn, Lexi, Molly, Shayne, Abby, Jay, Jorja and Owen (Kitchen Committee)

SUMMER MENU 2016 EASTLEA PRIMARY SCHOOL WEEK ONE					
	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Healthy Oven Cooked ALL DAY BREAKFAST Choice of bacon, sausage or ham Scrambled egg [Icons: 1, 2, 3]	Spaghetti Bolognese [Icons: 4, 5]	Roast of the Day with Yorkshire Pudding [Icons: 6, 7, 8, 9]	Chicken Curry with Naan bread [Icons: 10, 11, 12]	Fish Fingers [Icons: 13, 14]
Potatoes Pasta/Rice	Hash brown Bread [Icon: 15]	Pasta / Garlic Bread [Icons: 16, 17, 18]	Roast potatoes [Icon: 19]	Wholemeal Rice [Icon: 20]	Chips
Vegetables	Baked beans Tomatoes Mushrooms	Sweetcorn Broccoli	Carrots Green beans Spring cabbage	Mixed Vegetables Green Beans	Baked Beans / Garden Peas
Salad Bowl		Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	Cheese cake and milkshake [Icons: 21, 22, 23]	Homemade lemon drizzle sponge with custard [Icons: 24, 25, 26, 27]	Shortbread biscuit with slice of fruit and glass of milk [Icons: 28, 29, 30]	Fruit crumble or apple pie with ice cream [Icons: 31, 32, 33]	School Steamed Pudding of the week ¹ and custard [Icons: 34, 35, 36]
 Fresh Fruit and Yoghurt available daily Drinking water is available daily on the dining room tables 					

SUMMER MENU 2016

EASTLEA PRIMARY SCHOOL

WEEK TWO

- Homemade Dish
- Celery
- Cereals Containing Gluten
- Crustaceans
- Eggs
- Fish
- Lupin
- Milk
- Molluscs
- Mustard
- Nuts
- Peanuts
- Sesame Seeds
- Soye
- Sulphur Dioxide

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Healthy Oven Cooked <u>ALL DAY BREAKFAST</u> Choice of bacon, sausage or ham Scrambled egg	Chicken Wrap	Roast of the Day with Yorkshire Pudding	Cottage pie	BBQ Pulled pork in a bun or Oven Baked Sausage
Potatoes Pasta / Rice	Hash brown Bread	Savoury wedges	Creamed Potatoes	Parsley Potatoes	Chips
Vegetables	Baked beans Tomatoes Mushrooms	Sweetcorn	Cauliflower Mixed vegetables Spring cabbage	Broccoli / Carrots	Baked Beans / Garden Peas
Salad Bar		Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	Chocolate Brownie and milkshake	Apple sponge with Custard	Jelly and ice cream	Angel Delight	"School Steamed Pudding of the Week" with custard



Fresh Fruit & Yoghurt available daily



SUMMER MENU 2016

EASTLEA PRIMARY SCHOOL

WEEK THREE

- Homemade Dish
- Celery
- Cereals Containing Gluten
- Crustaceans
- Eggs
- Fish
- Lupin
- Milk
- Molluscs
- Mustard
- Nuts
- Peanuts
- Sesame Seeds
- Soye
- Sulphur Dioxide

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Healthy Oven Cooked <u>ALL DAY BREAKFAST</u> Choice of bacon, sausage or ham Scrambled egg	Meatballs in tomato sauce	Roast of the Day with Yorkshire Pudding	Mince Pie	Homemade Pizza
Potatoes Pasta / Rice	Hash brown Bread	Garlic Bread Pasta	Roast Potatoes	Creamed potato	Chips
Vegetables	Baked beans Tomatoes Mushrooms	Garden Peas Carrots	Broccoli Carrots Spring cabbage	Sweetcorn Green Beans	Baked Beans / Garden Peas
Salad Bar		Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	Homemade biscoit and milkshake	Arollo roll	Fruit Cheesecake	Cornflake cake	"School Steamed Pudding of the week" with custard



Fresh Fruit & Yoghurt available daily

