## Foundation Stage Unit Term 1

Ourselves

Objectives in purple are 30 to 50 months, in green are from 40 to 60 months

## Ourselves Term 1 Medium Term Planner Prime Area: Personal Social and Emotional Development

Learning Intentions	Spontaneous learning	Planned activities	Resources,
	opportunities and ongoing		events, outings and visitors
Making Relationships  Can play in a group, extending and elaborating play ideas, e.g. building up a role-play activity with other children.  Keeps play going by responding to what others are saying or doing.  Demonstrates friendly behaviour, initiating conversations and forming good relationships with peers and familiar adults.  Initiates conversations, attends to and takes account of what others say.  Explains own knowledge and understanding, and asks appropriate questions of others.  Takes steps to resolve conflicts with other children, e.g. finding a compromise.  Self Confidence and awareness  Can select and use activities and resources with help.  Welcomes and values praise for what they have done.  Enjoys responsibility of carrying out small tasks.  Is more outgoing towards unfamiliar people and more confident in new social situations.  Confident to talk to other children when playing, and will communicate freely about own home and community.  Shows confidence in asking adults for help.  Confident to speak to others about own needs, wants, interests and opinions.  Can describe self in positive terms and talk about abilities.  Managing feelings and behaviour  Aware of own feelings, and knows that some actions and words can hurt others' feelings.  Begins to accept the needs of others and can take turns and share resources, sometimes with support from others.  Can usually tolerate delay when needs are not immediately met, and understands wishes may not always be met.  Can usually adapt behaviour to different events, social situations and changes in routine.  Understands that own actions affect other people, for example, becomes upset or tries to comfort another child when they realise they have upset them.  Aware of the boundaries set, and of behavioural expectations in the setting.  Beginning to be able to negotiate and solve problems without aggression, e.g. when someone has taken their toy.	<ul> <li>Circle time - talk, listen, ask questions, contribute own feelings and ideas</li> <li>Review of the day - share achievements with the group</li> <li>Show work to class and in assemblies</li> <li>Develop beginning and end of day routines</li> <li>Establish simple routines of the day</li> <li>Develop tidy up time routines</li> <li>Use of tracking sheet for taking the register in turns</li> <li>Take turns to use limited equipment e.g. bikes, computer etc.</li> <li>Work in pairs and small groups at classroom activities</li> <li>Make presents and cards for people on their birthdays</li> <li>Talk to adults and peers in pairs and small groups</li> <li>Put on coats, aprons, dressing up clothes, sand hats</li> <li>Dress and undress for PE</li> <li>Communicate needs</li> <li>Use self help systems - aprons, milk, register</li> <li>Join in discussions about stories and books that emphasise moral issues</li> <li>Introduce different customs through stories and books etc.</li> </ul>	<ul> <li>Formulate positive class rules together - make up classroom signs to emphasise them</li> <li>Discuss consequences of breaking rules</li> <li>Circle time -contribute to discussion about looking after yourself</li> <li>Set up personal hygiene rules and make posters to display in the classroom</li> <li>Ask questions about caring for babies to a visiting mum (If able)</li> <li>Look at photographs of children when they were babies - empathise with babies needs</li> <li>Play "inside-out" - where each member of the class says something nice about a chosen child.</li> <li>Wash, dress and undress baby dolls in role play and water tray.</li> <li>Play name games to familiarise each other with new class members</li> <li>Play game "hide and seek" with classroom objects to familiarise themselves with the classroom areas</li> <li>Role play rules and manners to establish class protocols</li> <li>Empathise with "Titch" when reading the story - relate to own family experiences</li> <li>Discuss how the owl babies feel when they are left on their own</li> <li>Explore stories about caring for each other through role-play, small world and puppetry.</li> <li>Play circle games and matching games to emphasise turn-taking.</li> <li>Share sweets in small groups</li> <li>Talk about feelings and what makes us feel these ways</li> </ul>	Settling in Invite a mum and new baby in

Ourselves Term 1 Medium Term Planner

Prime Area: Communication and Language

Learning Intentions	Spontaneous learning	Planned activities	Resources, events,
	opportunities and ongoing		outings and visitors
Listening and attention  Listens to others one to one or in small groups, when conversation interests them.  Julians to stories with increasing attention and recall.  Joins in with repeated refrains and anticipates key events and phrases in rhymes and stories.  Focusing attention – still listen or do, but can shift own attention.  Is able to follow directions (if not intently focused on own choice of activity).  Maintains attention, concentrates and sits quietly during appropriate activity.  Two-channelled attention – can listen and do for short span.  Understanding  Understanding of prepositions such as 'under', 'on top', 'behind' by carrying out an action or selecting correct picture.  Responds to simple instructions, e.g. to get or put away an object.  Beginning to understand 'why' and 'how' questions.  Responds to instructions instructions involving a two-part sequence.  Understands humour, e.g. nonsense rhymes, jokes.  Able to follow a story without pictures or props.  Listens and responds to ideas expressed by others in conversation or discussion.  Speaking  Beginning to use more complex sentences to link thoughts (e.g. using and, because).  Can retell a simple past event in correct order (e.g. went down slide, hurt finger).  Uses talk to connect ideas, explain what is happening and anticipate what might happen next, recall and relive past experiences.  Questions why things happen and gives explanations. Asks e.g. who, what, when, how.  Uses a range of tenses (e.g. play, playing, will play, played).  Uses intonation, rhythm and phrasing to make the meaning clear to others.  Uses talk in pretending that objects and people that are of particular importance to them.  Builds up vocabulary that reflects the breadth of their experiences.  Uses talk in pretending that objects stand for something else in play, e.g., 'This box is my castle.'  Extends vocabulary, especially by grouping and naming, exploring the meaning and sounds of new words.  Uses lands of the meaning and recreate roles and experiences in play si	<ul> <li>Talk about personal experiences in class and group circle times, review times, class discussions</li> <li>Use imaginative talk in role play, small world play, puppet play,</li> <li>Listen attentively in group times, play and to audio tapes</li> <li>Converse with others in all classroom areas</li> <li>Develop language skills through structured and unstructured discussions linked to books, topics, routines, events etc.</li> <li>Choose to look at books alone and with others</li> <li>Talk about pictures in books</li> <li>Retell familiar stories in role play and small world etc.</li> <li>Join in stories, rhymes and songs</li> <li>Talk about own experiences related to content of book</li> <li>Make up own stories inspired by books, poems, pictures, music etc</li> </ul>	Texts: Peepo Titch Owl babies My body Phonics activities Develop role play area into doctors Talk about a personal visit to the hospital/ doctors Listen to above texts on the taperecorder, where able Retell above texts with story props/small world toys/puppets Contribute to class lift the flap book - knock, knock, who's there, someone beginning with? Focus on names and talk about how the children feel in different situations .	Settling in Read, Write In Books linked to topic

## Medium Term Planner

Specific Area: Literacy

Term 1

Ourselves

Learning Intentions	Spontaneous learning	Planned activities	Resources, events,
	opportunities and ongoing		outings and visitors
Reading  Enjoys rhyming and rhythmic activities.  Shows awareness of rhyme and alliteration.  Recognises rhythm in spoken words.  Listens to and joins in with stories and poems, one-to-one and also in small groups.  Joins in with repeated refrains and anticipates key events and phrases in rhymes and stories.  Beginning to be aware of the way stories are structured.  Suggests how the story might end.  Listens to stories with increasing attention and recall.  Describes main story settlings, events and principal characters.  Shows interest in illustrations and print in books and print in the environment.  Recognises familiar words and signs such as own name and advertising logos.  Looks at books independently.  Handles books carefully.  Knows information can be relayed in the form of print.  Holds books the correct way up and turns pages.  Knows that print carries meaning and, in English, is read from left to right and top to bottom.  Continues a rhyming string.  Hears and says the initial sound in words.  Can segment the sounds in simple words and blend them together and knows which letters represent some of them.  Links sounds to letters, naming and sounding the letters of the alphabet.  Begins to read words and simple sentences.  Uses vocabulary and forms of speech that are increasingly influenced by their experiences of books.  Enjoys an increasing range of books.  Knows that information can be retrieved from books and computers.  Writing  Sometimes gives meaning to marks as they draw and paint.  Ascribes meanings to marks that they see in different places.  Gives meaning to marks they make as they draw, write and paint.  Begins to break the flow of speech into words.  Continues a rhyming string.  Hears and says the initial sound in words.  Can segment the sounds in simple words and blend them together.  Links sounds to letters, naming and sounding the letters of the alphabet.  Uses some clearly identifiable letters to communicate meaning, representing some sounds correctly and in sequence.  Writes own name an	<ul> <li>Listen attentively in group times, play and to audio tapes</li> <li>Develop language skills through structured and unstructured discussions linked to books, topics, routines, events etc.</li> <li>Choose to look at books alone and with others</li> <li>Bring books and take books home</li> <li>Read class labels, names, signs</li> <li>Talk about pictures in books</li> <li>Retell familiar stories in role play and small world etc.</li> <li>Join in stories, rhymes and songs</li> <li>Talk about own experiences related to content of book</li> <li>Make up own stories inspired by books, poems, pictures, music etc</li> <li>Make marks to signify writing</li> <li>Write cards, invitations, lists, books, labels, signs, massages, instructions, letters, guessing cards, zig-zag books, flap books</li> <li>Write name at every opportunity - sign up for dinner, computer, bikes, as label for models, on any work on paper</li> <li>Practice forming letters using pens, pencils, crayons, chalks, paints, sand, dough,</li> </ul>	Texts: Peepo Titch Owl babies My body Phonics activities Develop role play area into hospital/doctors/ home corner Listen to above texts on the tape- recorder Retell above texts with story props/small world toys/puppets Signs and labels for classroom and role- play area using ICT Labels and captions for body, tasting and smelling investigations Make a thank-you card for any visitors we have Contribute to big class information book about senses. Make books in body shape Make growth zig-zag book from baby to grandparent. Make I spy books (eye shaped) Make own peepo book with hole and repetitive sentence Contribute to class lift the flap book - knock, knock, who's there, someone beginning with? Focus on names Make feely book with different textures Form letters in name correctly using pens, paints, sand, by labelling models + signing up for class surveys.	Settling in Various books linked to topic

Ourselves Term 1 Medium Term Planner Learning Intentions	Specific Area: Mathematics  Spontaneous learning opportunities and ongoing	Planned activities	Resources, events, outings
Numbers  Uses some number names and number language spontaneously. Uses some number names accurately in play. Recites numbers in order to 10. Knows that numbers identify how many objects are in a set. Beginning to represent numbers using fingers, marks on paper or pictures. Sometimes matches numeral and quantity correctly. Shows curiosity about numbers by offering comments or asking questions. Compares two groups of objects, saying when they have the same number. Shows an interest in number problems. Separates a group of three or four objects in different ways, beginning to recognise that the total is still the same. Shows an interest in number problems. Shows an interest in number problems. Recallises not only objects, but anything can be counted, including steps, claps or jumps. Recognise some numerals of personal significance. Recognises numerals 1 to 5. Counts up to three or four objects by saying one number name for each item. Counts actions or objects which cannot be moved. Counts objects to 10, and beginning to count beyond 10. Counts out up to six objects from a larger group. Selects the correct numeral to represent 1 to 5, then 1 to 10 objects. Counts an irregular arrangement of up to ten objects. Counts an irregular arrangement of up to ten objects. Estimates how many objects they can see and checks by counting them. Uses the language of more' and fewer' to compare two sets of objects. Finds the total number of items in two groups by counting all of them. Says the number that is one more than a given number. Finds one more or one less from a group of up to five objects, then ten objects. In practical activities and discussion, beginning to use the vocabulary involved in adding and subtracting. Records, using marks that they can interpret and explain. Begins to identify own mathematical problems based on own interests and fascinations. Shape, Space and Measure Shows an interest in shape and space by playing with shapes or making arrangements with objects. Shows awareness of similarities of shapes in th	<ul> <li>Sing number songs and rhymes e.g.</li> <li>Count 1-5, 1-10, 1-20</li> <li>Errors in counting backwards and forwards using puppet (missing number, repeated number, wrong order)</li> <li>Recite number names in order, continuing the count forwards or backwards from a given number</li> <li>Count a set of objects (5, 10, 20) giving just one number name to each object</li> <li>Estimate small numbers without counting e.g. 1-6 dice/dominoes or fingers</li> <li>Recognise none and zero in stories, rhymes and when counting</li> <li>Play error games with puppet e.g. count same object twice, miss out an object, make an error in counting sequence, touch but don't name, summarise incorrectly)</li> <li>Count sounds, movements, moving things, objects in a circle, blank number track</li> <li>Count quietly on fingers and in head</li> <li>Count in tens and twos</li> <li>Estimate a number and check by counting</li> <li>Recognise numerals 1-9, then 0 and 10, then 10 and beyond</li> <li>Compare two numbers and say which is more or less</li> <li>Say a number which lies between two given numbers</li> <li>Begin to use the vocabulary of adding and subtracting</li> <li>Find one more or one less than a number from 1-10</li> <li>Solve simple practical problems and respond to "what could we try next?"</li> <li>Make shape pictures and patterns using 2d shapes</li> </ul>	<ul> <li>Contribute to pictogram / graph about eye colour or hair colour and count responses</li> <li>Collect information in a survey about favourite colours</li> <li>Record favourite tastes / smells in a pictogram and count responses</li> <li>Sort out pictures healthy and non-healthy foods and display as a pictogram.</li> <li>Make age pictogram which changes over the year "I am 4, I am 5" picture moves on child's birthday</li> <li>Measure heights using large plastic bricks</li> <li>Compare heights and weights of children Order heights of groups of children</li> <li>Sort sets of animals, compare bears, play people, shapes and other classroom objects by size and compare and order</li> <li>Devise different ways to measure and compare heights of children</li> <li>Use hands and feet to measure children's silhouettes and count.</li> <li>Play counting games using fingers (and toes)</li> <li>Put house numbers to "knock, knock" book</li> <li>Simple addition / subtraction</li> <li>Number ordering / counting</li> <li>Number recognition and formation</li> </ul>	Settling in

Learning Intentions	Spontaneous learning	Planned activities	Resources, events,
-	opportunities and ongoing		outings and visitors
People and Communities  Shows interest in the lives of people who are familiar to them. Remembers and talks about significant events in their own experience.  Recognises and describes special times or events for family or riends.  Shows interest in different occupations and ways of life. Knows some of the things that make them unique, and can talk about some of the similarities and differences in relation to friends or family.  Enjoys joining in with family customs and routines  The World  Comments and asks questions about aspects of their familiar world such as the place where they live or the natural world.  Can talk about some of the things they have observed such as plants, animals, natural and found objects.  Talks about why things happen and how things work.  Developing an understanding of growth, decay and changes over time.  Shows care and concern for living things and the environment books closely at similarities, differences, patterns and change.  Technology  Knows how to operate simple equipment, e.g. turns on CD player and uses remote control.  Shows an interest in technological toys with knobs or pulleys, or eal objects such as scameras or mobile phones.  Shows skill in making toys work by pressing parts or lifting flaps or achieve effects such as sound, movements or new images.  Knows that information can be retrieved from computers  Completes a simple program on a computer.  Uses ICT hardware to interact with age-appropriate computer software.	<ul> <li>Explore textures such as wet/dry sand, dough, sand mousse, gravel, talc, etc</li> <li>Make DT models with junk materials</li> <li>Make family puppets</li> <li>Build construction houses for play people families</li> <li>Get to know where things are kept in the classroom</li> <li>Become familiar with regular journeys within the school premises e.g. class to hall, class to toilets etc.</li> <li>Observe things closely, record through drawing and modelling</li> <li>Discuss changes, patterns, similarities and differences e.g. Observe and record the weather</li> <li>Use computers, calculators, programmable toys, tape recorders, cameras, iPads confidently</li> <li>Explore modelling through clay, junk, fabric, construction kits, cookery, woodwork</li> <li>Use small world and role play to explore other lives and environments</li> <li>Visit other people and places</li> <li>Find out about the world through looking at books, pictures, artefacts, talking to visitors</li> <li>Develop language of time through sequencing events and daily</li> </ul>	<ul> <li>Taste 3/4 different foods, identify them and state a favourite and say why</li> <li>Make different jellies and guess flavour.</li> <li>Smell 3/4 different smell pots, describe them and discuss likes and dislikes.</li> <li>Touch different fabrics and materials in class feely book/alphabet/names and describe</li> <li>Play feely bag games, describing objects hidden within</li> <li>Experience hot and cold contrasts - weather, clothes and record using collage materials on paper doll</li> <li>Listen to sounds tape and draw what is heard and discuss as a group.</li> <li>Game: A chosen child says "fish and chips" and a blindfolded child has to guess who it was by recognising the voice</li> <li>Listen to instruments behind a screen and guess which made the sound.</li> <li>Sort musical instruments into types of sounds e.g. bangs</li> <li>Experiment with magnifying glasses, telescopes, kaleidoscopes, colour filters, mirrors etc.</li> <li>Compare and describe seasonal colours, flower colours,</li> <li>Play blindfold guessing games dependant on hearing, touch etc</li> <li>Make graphs of eye colour, hair colour on computer</li> <li>Talk about a visit to the hospital, dentist, clinic</li> <li>Ask a new mum about looking after a baby</li> <li>Recollect childhood experiences</li> <li>Bring in photos of children as babies - guess who is who</li> <li>Wash, dress and undress baby dolls</li> <li>Talk about what babies can and can't do and what they need when they are young e.g. bottle, cot and explain why</li> <li>Make a zig-zag book about growing from a baby to child to adult to grandparent</li> </ul>	Settling in

Learning Intentions	Spontaneous learning opportunities and ongoing	Planned activities	Resources, events, outings and visitors
Moving and handling  Moves freely and with pleasure and confidence in a range of ways, such as slithering, shuffling, rolling, crawling, walking, running, jumping, skipping, sliding and hopping.  Mounts stairs, steps or climbing equipment using alternate feet.  Walks downstairs, two feet to each step while carrying a small object.  Runs skilfully and negotiates space successfully, adjusting speed or direction to avoid obstacles.  Can stand momentarily on one foot when shown.  Can catch a large ball.  Draws lines and circles using gross motor movements.  Uses one-handed tools and equipment, e.g. makes snips in paper with child scissors.  Holds pencil between thumb and two fingers, no longer using whole-hand grasp.  Holds pencil near point between first two fingers and thumb and uses it with good control.  Can copy some letters, e.g. letters from their name.  Experiments with different ways of moving.  Jumps off an object and lands appropriately.  Negotiates space successfully when playing racing and chasing games with other children, adjusting speed or changing direction to avoid obstacles.  Travels with confidence and skill around, under, over and through balancing and climbing equipment.  Shows increasing control over an object in pushing, patting, throwing, catching or kicking it.  Uses simple tools to effect changes to materials.  Handles tools, objects, construction and malleable materials safely and with increasing control.  Shows a preference for a dominant hand.  Begins to use anticlockwise movement and retrace vertical lines.  Begins to form recognisable letters.  Uses a pencil and holds it effectively to form recognisable letters, most of which are correctly formed  Health and self-care  Can tell adults when hungry or tired or when they want to rest or play.  Observes the effects of activity on their bodies.  Understands that equipment and tools have to be used safely.  Gains more bowel and bladder control and can attend to toileting needs most of the time themselves.  Can usually manage washing and dr	<ul> <li>Gross motor</li> <li>Explore range of climbing, balancing and sliding apparatus, wheeled toys, bats and balls, hoops etc. in the outside area</li> <li>Join in PE lessons that focus on travelling skills (running, hopping, skipping, jumping) and body parts</li> <li>Fine motor</li> <li>Make range of jigsaws</li> <li>Sewing - cards, binca, holes punched in paper</li> <li>Threading beads, reels, pasta, shapes etc.</li> <li>Dressing up</li> <li>Make collages/models using scissors, glue, tape, paper, junk</li> <li>Use paintbrushes and markmakers</li> <li>Play with sand and water toys,</li> <li>Use computer keys and mouse</li> <li>Model with dough, clay, plasticine rolling pins and cutters, etc.</li> <li>Explore textures e.g. gravel, talc,</li> <li>Use cutlery independently at lunchtimes</li> <li>Health</li> <li>Adopt healthy and hygienic routines throughout the school day</li> </ul>	<ul> <li>Play starting and stopping on a signal games</li> <li>Explore ways of travelling using different body parts (feet only, hands/feet, tummies, etc.)</li> <li>Do aerobics / yoga classes to music and explore changes to bodies afterwards</li> <li>Make plates of dough food (healthy/non-healthy)</li> <li>Sort out pictures/menus of healthy and non-healthy foods and display as a pictogram.</li> <li>Design and paint posters concerning personal hygiene routines lifestyles e.g. brush your teeth, wash your hands</li> <li>Make a class book about things that help us to grow healthily (good food, rest and sleep, washing etc.) and things that don't (smoking, sweets etc.)</li> <li>Read "I want my potty" as a starting point for discussing toileting routines</li> <li>Role play keeping "baby" clean and well-fed</li> <li>Talk about effects of exercise after PE or outside play - perspiration, racing heart beat, heavy breathing, tiredness.</li> <li>Practice sewing skills by punching holes in shapes (body, face) to sew through</li> <li>Play sending and receiving games with bats and balls, bean bags, quoits, hoops etc.</li> </ul>	Settling in

Ourselves Term 1 Medium Term Planner Specific Area: Expressive Arts and Design

Learning Intentions	Spontaneous learning	Planned activities	Resources, events,
	opportunities and ongoing		outings and visitors
Exploring and Using materials  Enjoys joining in with dancing and ring games. Sings a few familiar songs. Beginning to move rhythmically. Imitates movement in response to music. Taps out simple repeated rhythms. Explores and learns how sounds can be changed. Explores colour and how colours can be changed. Understands that they can use lines to enclose a space, and then begin to use these shapes to represent objects. Beginning to be interested in and describe the texture of things Uses various construction materials. Beginning to construction materials. Beginning to construction materials. Begins to build a repertoire of songs and dances. Fealises tools can be used for a purpose. Begins to build a repertoire of songs and dances. Explores the different sounds of instruments. Explores what happens when they mix colours. Experiments to create different textures. Understands that different media can be combined to create new effects. Manipulates materials to achieve a planned effect. Constructs with a purpose in mind, using a variety of resources. Uses simple tools and techniques competently and appropriately. Selects appropriate resources and adapts work where necessary. Selects tools and techniques needed to shape, assemble and join materials they are using Being Imaginative  Developing preferences for forms of expression. Uses movement to express feelings. Creates movement to express feelings. Creates movement in response to music. Sings to self and makes up simple songs. Makes up rhythms. Notices what adults do, imitating what is observed and then doing it spontaneously when the adult is not there. Engages in imaginative role-play based on own first-hand experiences. Builds stories around toys, e.g. farm animals needing rescue from an armchair 'cliff'. Uses available resources to create props to support role-play. Captures experiences and responses with a range of media, such as music, dance and paint and other materials or words. Create simple representations of events, people and objects. Initiates new combina	<ul> <li>Collage with different fabrics, papers, foods and materials</li> <li>Painting (finger, bubble, hand, splatter) with different sized brushes, different types of paints on different sized, shaped and textured paper.</li> <li>Printing with string, shapes, food, leaves, lino,</li> <li>Drawing with pencils, pens, crayons, chalks, charcoal on different sized, shaped and textured paper.</li> <li>Modelling with junk, clay, dough, construction, wood</li> <li>Look at paintings and other forms of art and discuss content and style</li> <li>Recreate and make up new characters and stories through imaginative and small world play</li> <li>Make music through singing, body sounds, classroom objects and musical instruments</li> <li>Listen to a wide range of music from around the world and from different times</li> <li>Respond to music through painting, drawing and writing</li> <li>Dance to a range of music from around the world and from different times</li> </ul>	<ul> <li>Sing songs relating to body parts e.g. "heads, shoulders, knees and toes", "I finger, I thumb", "Tommy Thumb", "Clap your hands and wiggle your fingers", "If you're happy and you know it clap your hands"</li> <li>Explore using body parts, including voices, to make sounds</li> <li>Clap syllables in children's names and make into patterns over a steady beat</li> <li>Explore different ways of making sounds with musical instruments</li> <li>Make collage alphabet or names with different textured materials.</li> <li>Design and paint posters recommending healthy lifestyles e.g. brush your teeth, wash your hands</li> <li>Make pictures with hand prints, finger prints, foot prints etc.</li> <li>Self portraits using mirrors, mixing skin colours</li> <li>Observation drawings of eyes using magnifying glasses</li> <li>Make collages on paper plates of healthy and non-healthy meals</li> <li>Draw skeletons with white chalk / straws on black paper</li> <li>Use different body parts to make textures e.g. bubble painting</li> <li>Draw members of family focusing on scale</li> <li>Make moving puppets using shapes</li> </ul>	Settling in