

Cramlington School Sport Partnership



Newsletter Spring Term 2017-18

Y5 Skipping Competition

April 2018

Volume 5, Issue 2

March saw the return of our annual Y5 Skipping Competition. 220 children from across Cramlington & Seaton Valley, including teams from **Beaconhill, Burnside, Cramlington Village, Eastlea, Hareside, Northburn and Shanklea**, attended the event at Blyth Sports Centre.

In a new format run by 45 KS3 Sports Leaders from Whytrig and Seaton Sluice Middle Schools, 8 pupils from each school competed in speedbounce, hop & swap, and sideswing competitions, whilst 4 pupils took part in crossover, pretzel, face-to-face and butterfly skills. All children then performed in their school's Skip Dance routine and competed in run-jump-out. The standard across the competition was very high, showing how much preparation has gone on in schools beforehand. It is clear that the children have been very active whilst practising the individual and pairs skills, and in learning their very slick and entertaining dance routines.

All of the children's individual scores were combined for their school's total, with the results of all competitions then taken into account for the overall winners. **Burnside Primary** dominated the competition, and it was no surprise that they retained the trophy for the overall winning school. Congratulations to Burnside and all the children who took part in this competition, and thank you to the school staff who

worked so hard in preparing their pupils to attend this event.



Event	1 st place	2 nd place	3 rd place
Speedbounce	Burnside	Cramlington Village	Northburn
Hop & Swap	Eastlea	Hareside	Whytrig Middle
Sideswing	Burnside	Seaton Sluice Middle	Hareside
Crossover	Burnside	Beaconhill	Eastlea
Pretzel	Burnside	Eastlea	Shanklea
Face-to-Face	Burnside	Northburn	Beaconhill
Butterfly	Northburn	Burnside	Shanklea
Skip Dance	Burnside	Seaton Sluice Middle	Northburn
Run Jump Out	Burnside	Seaton Sluice Middle	Northburn

School Games

Pupils in Key Stage 2 (years 3-6) are involved in a programme of competitive sports at 3 levels:

Level 1: Intra-school competition—competition for all pupils in school, including in PE lessons, extra-curricular clubs, and sports day (School Games Day)

Level 2: Inter-school competition—teams are selected to compete against other schools from Cramlington & Seaton Valley

Level 3: Northumberland School Games—winning teams from each level 2 competition go to compete against other winning teams from across Northumberland.

Through the appropriate use of competitive sport, pupils are encouraged to show the School Games Values: **determination, passion, self-belief, respect, honesty and teamwork.**

Years 3&4 Gymnastics



Y3&4 pupils from 9 schools from across Cramlington and Seaton Valley took part in the Gymnastics competition, hosted by Northern

Gymnastics Club. The competitors performed 2 prepared routines, which were marked by judges from the gymnastics club. They also had the opportunity to try out different gymnastics activities including the beam and partner balances. Individually, the top 2 scoring gymnasts came from **Northburn** and **Cragside**. In the overall school competition,

Shanklea finished in 3rd place, **Northburn** in 2nd, and the winners were **Cragside**. Cragside CoFE Primary now progress through to represent Cramlington & Seaton Valley at the Northumberland School Games finals in the summer.



Year 6 Netball

The netball is split into 2 separate competitions, one for mixed teams and one for girls only. In total 20 teams took part in this year's event. In the mixed competition, **Shanklea** and **Beaconhill** made it through to the semi-finals, **Shanklea** then progressed to face Whytrig Middle School in the final. **Shanklea** won this match and were the winners of the mixed competition. In the girls' event, **Cragside** faced **Burnside** in the final, with **Cragside** finishing as the winners. Cragside CoFE Primary school now go on to represent Cramlington & Seaton Valley at the Northumberland School Games Level 3 event in June.

Year 6 Hockey

21 teams from across our area took part in the Y6 Hockey competition held at Cramlington Learning Village. There were competitions for A-teams and B-teams. In the B-team competition, **Shanklea** and **Cramlington Village** finished in 3rd place, **Cragside** in 2nd and the winners were **Northburn**.



In the A-team competition, **Eastlea** and **Cramlington Village** finished in 3rd, **Northburn** were runners up with **Burnside** finishing in 1st place. **Burnside** now progress to the Northumberland School Games county competition in June.



Year 5 Hockey

19 teams took part in the Y5 Hockey competition. Again, there were A and B team competitions. In the B-team competition **Shanklea** reached the semi-finals, and **Northburn** and **Cragside** played each other in the final. **Cragside** were the winners of this competition. In the A-team competition, **Northburn** and **Shanklea** both reached the semis, with **Burnside** making the final. **Burnside** played against Whytrig Middle School in the final and finished as runners up.



Multiskills Academy

Our Multiskills Academy for pupils in Years 5&6 is our longest running programme for our gifted and talented performers from across the Partnership schools, with this being our 5th year. Pupils are initially selected by their teachers and invited to attend a skills testing session. This session involves a battery of skills tests, including coordination, strength, agility and different ball skills. The scoring identifies the overall best



performers, who are then invited to attend weekly sessions working with other talented performers from the Cramlington primary schools.

This year 20 children were selected to work with Mr Dowson, our Multiskills coach from Shape Performance, who is an experienced PE teacher with a Masters degree in Sports Science and works with elite sports performers. As well as developing their fundamental skills, Academy members were also introduced to aspects of sport psychology and training

programmes, to help them in whatever their chosen sport might be.



Multiskills Academy Class of 2018

Dance Academy

This year has seen the continuation of our Dance Academy. Children auditioned last summer for a place in this year's Academy, and our dancers worked hard in their weekly sessions with Miss Day and Rachel of Creative Dance North East to develop their dance technique, and then to prepare for the annual Gateshead



Schools Dance Festival, which was held in March at The Sage. The Academy performed a piece to a song from The Lion King musical and it was a beautiful, emotional piece of creative dance including some very advanced choreography.

The next opportunity to join Dance Academy will be through talent-spotting sessions for children in years 3-5, to be held in each of the primary schools during the summer term. Academy



classes for selected children will then start in September.



Dance Academy 2017-18



Professional Development

This term, teachers across Cramlington have been increasing their skills and confidence in teaching PE through working alongside specialist teachers and coaches in a range of activities.

Cheryl Day from Creative Dance North East continues to up-skill teachers in the teaching of dance, and this term has worked with staff in **Beaconhill, Burnside, Hareside and Northburn.**

Teachers in Reception classes in all 8 schools have worked with coaches from Futsal Partnership in their new EYFS Sport & Play programme. This newly designed programme includes baseline testing skills



in the first session and again at the end to measure improvements. The focus this term has been on developing rolling, bouncing and throwing skills through fun games and activities, some of which were invented by the pupils themselves. Impressive improvements were seen in the skills from the first to last session and the feedback from teachers shows that pupils have not only thoroughly enjoyed the sessions but that staff have found the ideas very useful for use in their PE lessons.

Staff at **Eastlea, Northburn and Burnside** have worked with Gill Smith from Cramlington School Sport Partnership for support with the teaching of gymnastics in PE lessons. Pupils have worked on travelling, rolling, jumping



and balancing movements, transferring onto apparatus and linking movements into short sequences.

Finally, Simon Harris from FA Skills has worked this term with staff in **Beaconhill and Cramlington Village Primary School.** Despite some poor weather, children have developed their football skills, in sessions which are differentiated so pupils can progress at their own level, and girls at each school have been offered after school sessions.

School News

Children in Nursery or Reception classes at **Burnside, Eastlea and Hareside** have loved their relaxing yoga sessions this term, delivered through special sessions using stories and props.

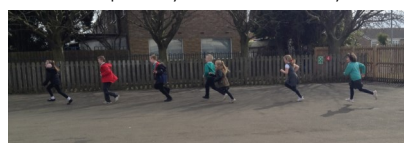


In March, schools across Cramlington participated in Sport Relief 2018. Activities included sponsored skipping, Bodycoach work outs, Go

Noodle, trying a range of different sports and attempting the Billion Steps Challenge.



This term, all pupils in Reception up to Y6 at **Hareside Primary School** have been taking part in a "Mile-a-Day". This is a fantastic initiative to increase daily physical activity, helping children achieve the recommended 60 minutes per day. Well done everyone!



Children in Y2,3,4 in schools across the Partnership have been treated to All Stars Cricket roadshows from Northumberland Cricket Board. These fun and



active sessions introduced children to the All Stars programme, which will be running during the summer at Cramlington Cricket Club. Contact Adam Robson for more information: Adam.Robson@northumberlandcricketboard.co.uk

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