



Dear Parents/Carers,



Active October Golden Day!



Today we started the countdown to our first 'Golden Day' of the new school year which will take place on **Thursday 23rd October 2025** – the day the children break up for their half term holiday.

This Golden Day will be the culmination of our Active October month in general and our **BE BRIGHT / BE SEEN** week in particular. Golden Day will be a **non-uniform day (with no 'fine' to pay)**. The children are encouraged to wear something bright and colourful on the day – but see below for a change of clothes which will be required in the afternoon.

So what have we got planned?

We have taken on board the requests of the pupils and have arranged TWO main activities which we know the children will enjoy:

1. For each class at various points during the morning/early afternoon we have booked a **'silent disco' with flashing LED headphones and foam light glow sticks** – which we know the children will love to be involved with!



2. Back by popular demand in the afternoon, we will end the Golden Day with another Eastlea **'colour run'**.

The children will take part in a mini assault course and then complete laps of the school field. As they complete the run they will have to pass through paint stations, where specially made powder paint will be thrown. **THE CHILDREN WILL GET COVERED IN PAINT!**

We have purchased the paint from a recognised store and it is completely safe however it will be messy and may stain. Therefore please could your child bring in some old clothes that you don't mind them getting messy in to get changed into and wear for the Colour Run. (An old white t-shirt would be fantastic as it will show the paint on!)

The paint will get in their hair but the advice is to wash it out with water first and then shampoo it. We will be following safety procedures and each child will need to have sun glasses or swimming goggles on. We have purchased some pairs but if your child has some please can they have them with them as they will be unable to run without them.

The colour run will take place towards the end of the day (weather permitting) so the children will be heading home soon after! We thought that you would love to see them at the end so they will be leaving school in their 'colourful' running clothes! (You may wish to have some plastic bags/bin bags for your car seats!)

The whole aim is to be active in a fun way and end our Active October in style. We realise it will be messy but hope you will join in the fun. **If you do not want your child to take part in this part of Golden day please can you let your child's class teacher know.**

There will be **NO CHARGE FOR THIS DAY** – the costs of the Silent Disco and the Colour Run will be **provided free for all children who earn the right to take part in 'Golden Day'**.

For lunch that day we will have a 'Friday' menu for school dinner...(i.e. something and chips!) and brightly coloured jelly and ice-cream for pudding! If you wish your child to have a school dinner then the £2.50 (Y3 to Y6) or £2.20 (Nursery) should be paid following the usual arrangements. *N.B. It is important that money for lunches is paid by first thing that morning or earlier in the week as all the dinner money has to be balanced for the end of half term. Thank you!*

As with all our 'Golden Days', attendance is dependent on each child following the Eastlea rules in school and at lunchtimes. We are hoping to include all children; however, for those who are struggling to follow the rules, we will be in contact with parents to discuss ways to support children to get them 'back on track' in terms of behaviour.

Yours sincerely, **Miss E Beeston**, Head Teacher