



Cramlington School Sport Partnership



Newsletter Spring Term 2014-15

Printed copies of this newsletter provided through generous sponsorship from

Sport Premium Funding Update



April 2015

Volume 2, Issue 2

What is Cramlington School Sport Partnership?

In 2013 the Government pledged £150m per year for Primary PE and Sport, in their "PE and Sport Premium". This funding has been guaranteed for 3 academic years, (2013-14, 2014-15 and 2015-16). The sum

of approx. £9000 is received by all primary schools and is ring-fenced so that it can only be spent on PE and Sport. The vision is that **"all pupils will leave school physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical**

activity and sport".

In Cramlington, the 7 primary schools are working in partnership to provide primary-aged children across the town with a balanced, varied and exciting range of sporting opportunities....

Inside this issue:

School Games Competitions	2
Top-Up Swimming	2
SSP Academies	2
Newcastle Eagles	3
Team Northumbria Netball	3
Cramlington Rockets Rugby Coaching	3
Professional Development	3
Dates For Your Diary	4
Community Links	4

Y5 Skipping Festival

In March, over 250 pupils from across Cramlington & Seaton Valley gathered at Blyth Sports Centre for the 8th Annual Y5 Skipping Festival, led by Skipping School.



Pupils represented their school in individual, pair and group skipping skills, such as the crossover, pretzel, butterfly, and keep the pot boiling. Each class or team had also prepared a skip-dance routine, performed to music. The level of these routines continues to improve year on year, with skills and tricks that wowed the audience. This year saw the use of hula-hoops in many routines, an impact from our work with KidzRFit and their Hoopstarz programme in the Autumn term. There was also double-dutch, press-ups inside the long rope and some throw and catch whilst bouncing!

Schools were scored for their individual and group

competitions, as well as their class skip-dance routine. There were gold, silver and bronze certificates awarded for each event, with the winners summarised in the table. Seaton Sluice Middle School took the most hotly contested gold for the skip-dance, with **Cragside** finishing with the bronze. Once all the scores were calculated, **Northburn Primary** were declared the overall winners, much to their excitement as they were the first school to be presented with the new Y5 Skipping trophy.

This annual event is a real

favourite, requiring many hours of preparation beforehand at school, and often prompting lots of increased physical activity in school playgrounds. Jack from Northburn commented that "it was fun watching the other schools do their skip-dance. We had all learnt the same skills but it was good to see how other people used them".

Many thanks to all the teachers and staff involved in this event and well done to all the Y5 skippers.



Skipping Skill	Gold
Double bounce boy	Cragside
Double bounce girl	Northburn
Speed bounce boy	Eastlea
Speed bounce girl	Northburn
Side swing boy	Burnside & Hareside
Side swing girl	Cragside
Crossover boy	Cragside
Crossover girl	Shanklea
Pretzel boy	Shanklea
Pretzel girl	Burnside
Face to face pairs	Northburn
Butterfly pairs	Burnside
Run Jump Out	Hareside



Level 2 School Games Competitions

Year 3/4 Gymnastics

The gymnastics competition was held at Northern Gymnastics Club. This year saw an entry from every Cramlington Primary School for the first time, with many children competing in their first ever gymnastics competition. Pupils had to perform two pre-prepared routines, on which they were scored by judges from the gymnastics club, and they also had chance to experience different gymnastics activities using the equipment within the gymnastics centre. **Cragside Primary School** pipped last year's winners



Northumberland School Games Finals.

Year 5/6 Girls' Football

Teams from **Eastlea, Northburn, Burnside** and **Cragside** competed alongside Whytrig and Seaton Sluice Middle Schools in the girls' football competition. Standards were high as players braved the cold. **Cragside** finished in first place, and will progress to represent Cramlington & Seaton Valley in the Northumberland School Games finals to be held in June. Well done!



Year 5 Boys' Football

Cramlington was represented by teams from **Cragside, Shanklea, Eastlea, Burnside** and **Northburn** in the boys' football competition. The nail-biting final between



the winners. Congratulations to Northburn and well done to all the boys who competed with such good sportsmanship.

Year 6 Netball

All of the Cramlington schools entered the netball competition, with many schools entering 2 teams. Whytrig Middle School finished as the overall winners, beating **Eastlea Primary School** in the final.

Year 5 Hockey

Northburn, Shanklea and **Cragside** entered the Y5 mixed hockey competition, held at Sporting Club. The pupils played Quicksticks, the fast, 4-a-side version of hockey, with many pupils having never played hockey before. **Northburn** finished the competition in first place, and they progress to the Northumberland School Games finals in June. Well done!



Northumberland U11 Sportshall Athletics Finals

Shanklea Primary School won the Cramlington & Seaton Valley Sportshall Athletics competition in the Autumn Term and progressed to the county finals, which were held in Morpeth in January. They finished in 6th place, and all thoroughly enjoyed the experience.

This has been the most successful year so far for Cramlington Primary Schools competing in School Games competitions, and we look forward to so many of our teams being able to experience the Northumberland School Games Finals, which is a huge, inspirational, multi-sport event seeing the best teams from across Northumberland competing to be county champions. GOOD LUCK!!

Top-Up Swimming

Swimming continues to be high on the agenda in the new National Curriculum for PE. Schools must provide swimming instruction in either KS1 or KS2, and the expectation is for pupils leaving primary school (Y6) to be able to swim 25m. In response to this, the majority of schools across Cramlington are now offering hour-long swimming lessons, rather than half hour lessons, where pupils are showing signs of benefitting from this more intensive opportunity to practise.

There has also been the introduction of intensive swimming courses held in the school holidays, aimed at pupils who are not yet meeting the 25m requirement and heavily subsidised by the Sport Premium funding. In February half term, 11 pupils from Beaconhill and Cragside attended the additional lessons, held at Concordia. Improvements were seen across the week, with almost one third reaching 25m by the end. 17 pupils, from Beaconhill, Cragside, Eastlea, Burnside and Hareside attended during

the Easter holidays, with great efforts and good improvements seen in all swimmers and over one third of the pupils being able to swim 25m at the end.

The next courses will be held in the October half term. Please contact Gillian.Marsden@northumberland.gov.uk if you would be interested in your child attending one of these holiday courses. (children must be in school years 3-6 and currently unable to swim 25m).



Cramlington School Sport Partnership Academies

This term we have run two different programmes for our most able pupils. Our talented Y5 and Y6 performers have taken part in the second year of our "Multiskills Academy". Each school identified their Gifted & Talented athletes, who were invited to a skills testing session at Sporting Club. The testing involved a bank of tests, such as agility, speed, strength and hand-eye coordination. Almost 50 pupils attended the testing, then the top 10 scoring boys and top 10 girls were invited to attend the Multiskills Academy for 6 weeks.



The Academy was led by Tony Dowson, of Shape Performance, who is a PE teacher and

sports coach with experience of working with elite sports performers. The sessions gave pupils the opportunity to work with other gifted young people and take part in activities to develop their Fundamental Movement Skills (agility, balance, coordination) and basic sports techniques, enabling them to improve in whatever their chosen sport may be.



The members of the Academy were presented with a tshirt upon completion, kindly sponsored by Education Network.

This term saw our first Dance Academy for talented and keen dancers in Y4. Pupils were chosen by their school and invited to attend 10 weekly sessions, led by Zoe from Premier Performing Arts. Each week the group looked at a different dance style, including street, contemporary, Indian, African and cheer. The children then pulled together a snapshot of each style into a short showcase, which was performed for parents at the last session.



Y5 Hoops4Health Finals and Cramlington Night at Newcastle Eagles

Friday 6th February was "Cramlington Night" at Newcastle Eagles.

Burnside Primary School, as winners of the Cramlington & Seaton Valley "Hoops4Health" competition, played in the Northumberland finals, on the court at Sport Central. Their semi-final against Tweedmouth Middle School went to a nail-biting sudden-death shootout, which saw them narrowly miss out on getting to the final. The team of Y5 pupils gave 100%, and were cheered on



from the stands by a large group of Burnside supporters. Tweedmouth went on to win the final to be crowned Northumberland Hoops4Health winners for 2015.

All of the Cramlington primary schools were also offered a very special ticket price for the Newcastle Eagles match against Leicester Riders, and in addition to the supporters from Burnside, a large group from **Eastlea Primary School** travelled to the game. The crowd enjoyed the 104-81 victory for the Newcastle Eagles, in what is proving to be yet another fantastic season for our most successful local sports team.



Visit to Team Northumbria Netball

Beaconhill Primary School and **Eastlea Primary School** took groups of Key Stage 2 pupils to experience top-class netball by watching Team Northumbria take on Manchester Thunder at Sports Central. Team



Northumbria are the North East's only Superleague Netball team, and pupils were impressed by both the netball skills and the pace of the game, as well as the excitement of the cheerleaders, music

and live commentary. Team Northumbria sadly lost the game to the top-of-the-table Manchester team. At the end of the game children had the opportunity to meet and get autographs from the players. With both schools competing annually in the School Games Netball competition, this visit has inspired many of the children to have a go at netball.



Rugby Coaching

Our partnership with Cramlington Rockets continued this term with a half term of coaching in PE lessons for Y4 and Y6 pupils at **Beaconhill**,



Eastlea and **Hareside**, Y3 and Y5 classes at **Cragside** and Y5 at **Northburn**. These sessions act both as professional development for the teachers, through working alongside a specialist coach, and help to prepare pupils for the upcoming Level 2 School Games competitions.



A team of reporters from **The Burnside Observer** interviewed Steve and Bear from Cramlington Rockets Community Department:

What age groups do you coach?: "We coach all the way from reception to adults...4 to 40+!!"

As a child did you play any other sports?: "Bear and I played football, basketball and went swimming."

Do you enjoy watching rugby as much as playing it?: "Yes, it's great! It's like watching football, only much, much better!"

How did the Rockets start?: "Children had nowhere to go and nothing to do on an evening, so Steve's dad suggested setting up a club. We did.

We started in Killingworth then moved to Cramlington. We started as volunteers,

eventually we received funding from the Cramlington School Sport Partnership and Sports Premium. We are now the biggest club in the North East with over 150 juniors now taking part in the sport!"

Cramlington Rockets run sessions for children of all ages and multisport camps in the school holidays, for more information contact Steve Beaty: rocketscommunity@gmail.com



Many thanks to Steve and Bear, and to the fabulous journalists from Burnside Primary School.

Professional Development

Sport Premium funding is being used to release teachers for training and provide high quality professional development opportunities and resources for teachers and staff, to support the delivery of high quality PE in our primary schools.

This term were the second of our Dance CPD courses for teachers of KS1 and KS2, led by Cheryl Day from Creative Dance North East. In total, 58 teachers and staff from across the schools attended the after school sessions, where they covered the



basic elements of teaching dance, alongside warm-up and dance ideas and schemes of work. This development of dance across the primary schools will

continue in 2015-16, with further support for teachers covering dance in their PE lessons.

Staff across the primary schools have also had the opportunity to develop their subject knowledge this term through working alongside specialist coaches in rugby and skipping.

Many thanks, as always, to all staff who have taken part so enthusiastically in PE CPD this term!



Newsletter Spring Term 2014-15

Gill Marsden
Cramlington School Sport Partnership Coordinator
Beaconhill Primary School
Langdale Drive
Cramlington, NE23 8EH
Phone: 07455 320979
E-mail: Gillian.Marsden@Northumberland.gov.uk

Allison Graydon
Admin Support
E-mail: Allison.Graydon@Northumberland.gov.uk



FOLLOW US!



Dates for your Diary

SUMMER 1

Wednesday 22nd April: School Games Y3/4 Tri-Golf. 9.30-11.30am, Craggsdale CofE Primary School
Friday 24th April: TOP Challenge CPD .9.00-3.00pm, Kirkley Hall
Wednesday 6th May: School Games Y4 Tennis. 9.30-11.45am/12.30-2.45pm, Alexandra Park
Tuesday 19th May: PE Coordinators Module 2, 9.00am-3.00pm, Chantry Middle School.
Wednesday 20th May: School Games Y3/4 Tag Rugby. 9.30-11.30am, Astley High School.
Wednesday 20th May: School Games Y5/6 Tag Rugby, 12.30-2.30pm, Astley High School.

SUMMER 2

Wednesday 3rd June: School Games Y3/4 Athletics (virtual competition) deadline for entries.
Wednesday 3rd June: School Games Y5/6 Athletics. 9.30-11.30am/12.30-2.30pm, Northburn Sports Centre.
Friday 5th June: Y5/6 Kwik Cricket Competition. 9.30am-3.00pm, Sporting Club
Week beginning 8th June: Y1 Multiskills Festivals
Wednesday 10th June: Tony Blair Sports Foundation Y3 tennis. 12.30-3.00pm, Alexandra Park.
Week beginning 15th June: Y3 and Y5 Cricket Festivals.
Tuesday 23rd and Wednesday 24th June. SCHOOL GAMES NORTHUMBERLAND FINALS-Cramlington Learning Village/Concordia
Wednesday 1st July: PE Coordinators Kitemark Meeting. 1.00pm-3.15pm, Eastlea Primary School.

Community Links

Premier Sport offer holiday courses for primary-aged pupils in Cramlington. The next courses are in the May half-term holidays:

What: **Multi-Sport Holiday Club**

Where: Cramlington Northburn Primary School

Dates/time: **Tuesday 26th May 2015, Thursday 28th May 2015, 09:00 - 15:15**

Info: Children will enjoy two days of sport including football, dodgeball, benchball, archery, multi skill games and much more as well as competitions and a chance to win prizes!

Booking: Book online at www.sport.premier-education.com or call Brooke 07852456057

What: **Street Dance Holiday Club**

Where: Cramlington Northburn Primary School

Dates/time: **Wednesday 27th May 2015, 09:00-15.15**

Info: Children will enjoy a day of street dancing, cheerleading and much more as well as competitions and a chance to perform and win prizes!

Booking: Book online at www.sport.premier-education.com or call Zoe 07751167794

*Children must bring a packed lunch and suitable clothing to all courses



Concordia Junior Squash Club

Now in its second year, the junior section from Concordia Squash Club recently took part in the Dunlop Junior Challenge, held in Tynemouth. The competition is designed to encourage beginners to take part in County Competition. Arran from **Burnside** and Joseph from **Shanklea** are both Y5 pupils who started playing squash last year after attending their Y4 Racket Sports Festival. Both of them played 6 games against players from around the county and both gave a very good account of themselves. Coach Ian McAllister reported that "Joseph demonstrated his strong, consistent serve throughout and all of his matches were tightly fought. Arran is developing into a very competitive player with great speed about the court, constructing great rallies which were a joy to watch. All their hard work during their Saturday morning coaching sessions was put to full use and they showed they have a great future in the sport." **Anyone interested in trying squash can contact Ian on 07748653489 or email: ianmcallister4@hotmail.com**



Here at The Education Network we are proud to support schools and community link projects across the region with funding and sponsorship.

As an education recruitment specialist we also provide a consultative approach to school recruitment offering short term, long term and permanent recruitment solutions.

We are recruiting for teachers and teaching support staff across Northumberland and have work available immediately. We offer teachers with good to excellent references guaranteed work contracts and provide our teachers and support staff with FREE CPD.

If you are a teacher or teaching assistant available for at least one day a week we would love to hear from you. Lots of regular local work available and we will also pay a registrations bonus of £100 for anyone who registers and completes 10 days work.

We will be opening an office in Cramlington this term, but in the meantime please contact the office on 0191 23237890 or email Newcastle@ednetwork.co.uk, www.theeducationnetwork.co.uk