



Dear Parent/Carers,

In line with the updated DfE guidance we are in the process of reviewing our '**Relationships and Sex Education**' policy at Eastlea. It is a statutory duty for schools to have an RSE policy and as parents/carers you have the right to be consulted in developing and reviewing the content.

Although this is an updated policy, the content, approach and delivery at Eastlea will be the same as in previous years. Sex education is a very small element of this work, taught as part of the Science national curriculum (usually within a topic in Year 5 – and parents/carers will be alerted when this is due to take place).

The main focus for us will continue to be on 'relationships'. As a school, we embrace the THRIVE approach and therefore Eastlea's work on 'Relationships' fits within the broader context of our work focused on pupils' health, well-being and emotional development. We want our pupils to develop healthy positive behaviours that will support them through life. We provide children with the opportunity to learn about healthy relationships, respect for themselves and where to seek help if needed. We aim to equip children with the knowledge and skills to make safe positive decisions through life.

We teach children about:

- **Respectful relationships** and respecting others even if they are different from ourselves.
- **Healthy relationships** including online safety and where to seek help.
- **All families are equal.**
- **Being safe** - respecting and being in control of their own bodies.
- **Scientific anatomical names** for parts of the body.
- **How bodies change** - physical development and puberty as approach adulthood.

We teach this through our PSHE curriculum and this is delivered through class based sessions and/or assemblies depending on the focus of the work, the age of the children and the needs of the children.

The full content of the draft 'Relationships and Sex Education' policy can be found on our school website (*About us – information and policies*) including:

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| • Aims | • Managing and supporting behaviour using the THRIVE approach |
| • Context | • The role of the PSHE lead/Headteacher |
| • Organisation | • Monitoring and review of the policy |
| • Confidentiality | |
| • Your rights as Parents/carers | |

If you have any questions, feedback or comments about our draft policy please feel free to share them with either Miss Fox (PSHE lead) or myself (Head Teacher).

Our aim is for the Governing Body to ratify the policy at their next meeting on Wednesday 13th October, so any feedback should be received in school by Friday 8th October so that any changes to the policy can be made.

Thank you,

Miss Beeston

