



Cramlington School Sport Partnership



Newsletter Autumn Term 2016-17

School Sport Partnership Update

January 2017

Volume 4, Issue 1

We are now in the 4th year of Cramlington School Sport Partnership. The Partnership was created by seven Cramlington primary schools, who have pooled their Primary PE and Sport Premium funding to achieve maximum impact and ensure that children across Cramlington have similar opportunities.

The School Sport Partnership

programme continues to develop, with the aim of all children and young people in Cramlington experiencing high quality physical education, physical activity and school sport, leading to lifelong participation. We work in partnership with many local providers to try to increase the range of opportunities available

to all children and ensure that there is sustainability to leave a lasting legacy for the future.

In August 2016, with the publication of the Government's Childhood Obesity strategy, it was announced that investment in the PE and Sport Premium funding will continue, with increased funding in 2017-18.

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Cramlington School Games Mark Success

School Games Mark is a national award to recognise and reward schools for their commitment to PE, school sport and the development of competition across their school.

Our schools continue to progress in their offer, and 2015-16 was the most successful year so far for the schools in Cramlington School Sport Partnership:

Beaconhill: Gold Award (progressed from Silver Award)

Hareside: Gold Award (progressed from Silver Award)

Cragside: Gold Award (maintained from previous year)

Northburn: Gold Award (maintained from previous year)

Shanklea: Gold Award (maintained from previous year)

Eastlea: Gold Award (maintained

for a 3rd year).

Nationally, approximately 14% of schools achieved the Gold Award, so it is outstanding that so many schools in our Partnership have been successful in reaching this level. Congratulations to all schools and thanks to everyone who has been involved in achieving these awards.



Cramlington & Seaton Valley Sports Awards

With support from our friends at The Education Network, in December 2016 we held our second "Cramlington & Seaton Valley Sports Awards" night. This event was to share and celebrate the achievements of schools across both Partnerships.

The Awards ceremony was held at Cramlington Learning Village, where 14 first, middle and primary schools were presented with their School Games Mark certificates and plaques. An amazing 11 of these awards were at the Gold level, compared to 8 schools achieving that level in the previous year.

In addition to celebrating the School Games Mark achievements of our schools, guests were also treated to a warm welcome from **Eastlea Primary School's** Singing Club, and a dramatic performance from representatives of Cramlington School Sport Partnership's Gifted & Talented Dance Academy.

Although schools were already aware of their School Games Mark awards, there were also presentations of 5 special awards throughout the evening, which the schools did not know about. The special awards recognised outstanding progress and achievement in specific areas of the School Games programme—Improving Health & Well-being, Excellence in Competition, Developing Leadership & Volunteering,



Participation in PE & School Sport, and Promoting & Demonstrating the School Games Values. These special awards were generously sponsored by Newcastle Eagles, Arc Health Rewards, Tumbles & Grumbles, Newcastle United Foundation and Youth Sport Trust, who each provided a prize for the winning school.

Three of these awards were presented to Cramlington Schools: The award for Developing Leadership & Volunteering was presented to **Cragside CofE Primary School**, in recognition of them training and supporting a large number of Y6 sports leaders, who then engage pupils across the school in playground activities and support



after school clubs. Their leaders were also the only KS2 leaders chosen last year to run a Level 2 School Games competition.

Beaconhill Primary School were presented with the award for Improving Health and Wellbeing. In 2015-16 Beaconhill offered opportunities for healthy

cooking and physical activity to pupils and their parents. They introduced music into their playground, which had an impact on activity levels at playtimes and lunchtimes. The school

also began regular outdoor learning and active lessons for pupils across all year groups through their designation as a Beach School.

The most prestigious award, for Promoting & Demonstrating the School Games Values, went to **Shanklea Primary School**. The six School Games Values are passion, self-belief, respect, honesty, determination and teamwork, and they are designed to focus on personal excellence through PE and sport. Shanklea have gone above and beyond the usual PE and school sport offer, in a bid to provide opportunities for every child in the school, whatever their abilities may be. They offer pupils a challenging cycling residential and in 2015-16 took a varied group of pupils on a 7-day ski visit to Norway.



Many thanks to The Education Network for enabling us to host such a fantastic event to provide an opportunity for Headteachers, school staff, governors and pupils to get together to recognise and celebrate the excellent work going on in our schools.



Y4 Rugby Festivals

In October, 317 Y4 pupils from across the Partnership attended our Y4 Tag Rugby Festivals, hosted by Cramlington Rockets Community department. Pupils took part in a session to learn the basics of playing rugby, led by Sports Leaders from Cramlington Learning Village, followed

by an opportunity to play friendly games of tag rugby against the other schools.

Pupils in KS2 at **Burnside, Cragside, Hareside, Northburn** and **Shanklea** have also enjoyed Tag Rugby coaching from Rockets Community coaches in their PE lessons during the Autumn term. This festival and coaching programme is aimed at up-skilling teachers and helping to prepare pupils for the Level 2 School Games competition, which will be held in the summer term. Coaching will take place at the other schools in the Spring term.



Cramlington Rockets provide rugby coaching for boys and girls aged 2+ as well as multi-sport holiday camps for 5-11 year olds run by award winning coaches. For further information please contact Steve Beaty: 07984630083 or email rocketscommunity@gmail.com.



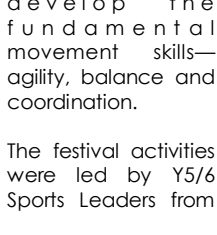
Y2 Multiskills Festivals

In November, all Y2 pupils from **Beaconhill, Burnside, Cragside, Eastlea, Hareside, Northburn** and **Shanklea** Primary Schools attended our Y2 Multiskills Festivals, held at Blyth Sports Centre. The 314 children took part in 12 different fun activities, designed to develop their fundamental movement skills—agility, balance and coordination.

The festival activities were led by Y5/6 Sports Leaders from

Beaconhill, Eastlea, Hareside and **Shanklea** in the morning, and **Northburn** and **Cragside** in the afternoon—84 Sports Leaders altogether! The Sports Leaders had a chance to demonstrate their organisation and communication skills, as well as developing their confidence and ability to

take on responsibility. They did a fantastic job and helped to ensure both festivals ran without a hitch and that there were plenty of smiles!



Y3 Hoopstarz Festivals

Y3 pupils from all 7 schools attended a half day "Hoopstarz Festival", held at Blyth Sports Centre in October and November and led by our friends from KidzRfit. At the

festivals pupils learnt hula hooping tricks and played games requiring coordination, balance and cooperation to work with others. There was also a "hoop-off" for



each school, and even the teachers had their own competition!



Go Noodle!

Pupils in several schools across Cramlington are discovering the wacky and amazing world of GoNoodle. This website is full of fun activities to get pupils up and active and is designed to be used either in the classroom or school hall. Activities include

pupils following along to dance routines and agility, balance and coordination challenges,

Cragside CofE Primary School have taken GoNoodle to the next level and have been running sessions for staff and pupils before school and an inter-class competition which ran throughout the Autumn Term. Overall, pupils at Cragside logged an

impressive 33 hours of additional physical activity this term through taking part in GoNoodle, and well done to Miss Rennison's class who won the school's competition by recording 281 minutes!



Y5&6 Basketball Competition

In November, Y5&6 pupils from **Beaconhill, Burnside, Cragside, Eastlea, Northburn** and **Shanklea** competed with the Seaton Valley middle schools for the first "Thunder In The Valley" basketball trophy.

This competition, hosted by Newcastle Eagles Community Foundation, took place on the court at Sport Central before the Newcastle Eagles' game. Many of the schools had prepared for the competition through coaching in PE lessons or extra-curricular clubs, delivered by Newcastle Eagles' community coaches.

From the 16 teams competing, **Beaconhill, Eastlea, Shanklea** and Whytrig Middle School progressed from the group stages to the semi-finals. **Shanklea** then

went on to face Whytrig in the final, which was played on the court at half time in the Eagles' game, in front of 2500 people. The final went to a nail-biting sudden death shoot out, which saw Whytrig become the first winners of this trophy.

350 pupils, school staff, parents and family enjoyed the event, with a fantastic

evening topped off by Newcastle Eagles beating Sheffield Sharks 104-68.



Competition photos by Dave Moore

Level 2 School Games Competitions

Pupils in Key Stage 2 (years 3-6) are involved in a programme of competitive sports at 3 levels:

Level 1: Intra-school competition—competition for all pupils in school, including in PE lessons, extra-curricular clubs, and sports day (School Games Day)

Level 2: Inter-school competition—teams are selected to compete against other schools from Cramlington & Seaton Valley

Level 3: Northumberland School Games—winning teams from each level 2

competition go to the Northumberland multi-sport event and compete against other winning teams from across Northumberland.

Through the appropriate use of competitive sport, pupils are encouraged to show the School Games Values: determination, passion, self-belief, respect, honesty and teamwork.

Year 4 Football

Teams from **Burnside, Cragside** and **Eastlea** took part in the Y4 football

competition, held at Seaton Sluice Middle School in October.

Burnside had 2 teams progress to the semi-finals, where Burnside A beat Seaton Sluice First School to make it to the final. They lost out 3-1 to the eventual winners, Holywell Village First School, who successfully defended the title that they won last year. Well done to all the players for their competitive but friendly spirit!



Sports Leaders

Leadership skills are an important part of the PE offer. Skills learnt through sports leadership are readily transferred to success across the curriculum at school, and into the workplace later on. Pupils with leadership experience are often more confident, more ambitious, active and employable. To reflect this, schools are offered specialist training for sports leaders in upper KS2, as well as opportunities for their pupils to act as sports leaders at our SSP Multiskills festivals. This term, pupils at

Beaconhill, Cragside, Eastlea, Hareside, Northburn and **Shanklea** received training from Tony Dowson of Shape Performance.

In the sessions, they are taught how to organise games for a group of younger children, they learn a range of games that are



suitable for the playground, and many also have a practice session using pupils in a younger class. After their training, Sports Leaders are often engaged in leading playground activities and helping with sporting activities for pupils across the school.



Professional Development

Sport Premium funding is being used to provide high quality professional development opportunities for teachers and staff, to support the delivery of high quality PE and School Sport in our primary schools.



This year, teachers in all schools have the opportunity to work with Cheryl Day from Creative Dance North East. This term, she delivered a

morning of staff training, which will be followed by a half term of high quality dance lessons to pupils in their PE lessons. This training has been developed to increase teacher



confidence and expertise in teaching dance as part of PE, and was delivered this term in **Beaconhill** and **Cragside**, with very creative results being seen from the pupils taking part. This support for teachers continues in the Spring Term at **Burnside, Eastlea, Hareside, Northburn** and **Shanklea**.

Teachers in **Burnside, Cragside, Hareside, Northburn** and **Shanklea**, have worked alongside community coaches from Cramlington Rockets to deliver tag rugby in curriculum PE lessons for KS2 classes.



As well as helping to prepare pupils for the

School Games competitions later in the year, this programme is also aimed at up-skilling teachers in teaching tag rugby to their pupils. This programme continues in the other schools throughout the Spring Term.



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Basketball Competition photos by Dave Moore

Dates for your Diary

SPRING 1

Friday 13th January—KS2 Dance Academy Auditions, 3.45-5.00pm, CLV (invite only)
Friday 13th January—Y5/6 G&T Testing—3.30-5.00pm, CLV (invite only)
Friday 20th January—Y5/6 G&T Testing—3.30-5.00pm, CLV (invite only)
Friday 20th January—Friday 17th March—KS2 Dance Academy, 3.45-5.00pm, CLV
Friday 27th January-Friday 17th March—Y5/6 Multiskills Academy, 3.30-5.00pm, CLV
(please note, there are no Academy sessions on 17th/24th February)

Tuesday 17th January—PE Coordinator Meeting, 3.45-4.30pm, CLV

Thursday 9th February—School Games Y3/4 Gymnastics, 9.30-12.00pm, Northern Gymnastics Centre

SPRING 2

Thursday 9th March—Y5 Skipping Festival, am, Blyth SC
Wednesday 15th March—School Games Y6 Netball, 3.30-5.30pm, CLV
Thursday 23rd March—School Games Y5 Hockey, 3.30-5.30pm, CLV
Thursday 30th March—School Games Y6 Hockey, 3.30-5.30pm, CLV
Wednesday 5th April—School Games Y3/4 Tri-Golf, 9.30-11.45am, Arcot Hall Golf Club

Community Links



Cramlington Cricket Club:

Cramlington Cricket Club start indoor training sessions on Tuesday 7th February 2017. Sessions are in the main hall at Sporting Club (Cramlington Learning Village) and are for U9s and U11s (school years 2 to 6) Tuesdays 7pm-8pm
£3.00 per session

For more information contact Paul Bramley: 07885295862 or email brammaz_958@hotmail.com



Rocket Tots:

Cramlington Rockets' Multisport sessions for 2-6 year olds. Every Saturday morning 9.00-10.00am at Cramlington Sporting Club.

Only £20 for 6 weeks.



To book or for more information, contact Steve on 07984630083 or email rocketscommunity@gmail.com

ACTIVE Family Badminton: NORTHUMBERLAND

Active Northumberland run a weekly Family Badminton Session at Sporting Club. Turn up and play with your family, sessions are led by a Level 2 coach.

Saturdays 12.00-1.00pm
£10 for family of 4 or £4 per adult and £2 per child
For further information, contact Sam Moore 01670 622223

Michaela Percival School of Dancing:

Dance and Performing Arts school in Cramlington. Classes for children from 18 months and adults.

Ballet, tap, street, disco, jazz, contemporary, cheerleading, Disney, drama, singing, international and Broadway class, ballroom and latin. Exams and show work. Contact 07533923840 for further information.



FA Skills: Weekly skill-based football coaching sessions held at Cramlington Sporting Club and Blyth Sports Centre:

Open Access (6-9 year olds) Thursday 5-6pm, Blyth SC
Girls Only (7-11 year olds) Thursday 6-7pm, Blyth SC
Open Access (5-8 year olds) Friday 5-6pm, Cramlington Sporting Club
Open Access (9-11 year olds), Friday 6-7pm, Cramlington Sporting Club.
First session free then £3 per week
Contact Simon Harris 07943257201, simon.harris@thefa.com



Cramlington Vikings Basketball Club:

Our local Newcastle Eagles Community Foundation link club, trains every Wednesday at Sporting Club:

U12s: 6-7pm
U14s: 7-8pm
U16s: 8-9pm
U18s: 9-10pm

First session free then £3 per week

Contact Anthony Sampson: A.Sampson@eaglescommunityfoundation.com



Cramlington Town Tot's Football:

Cramlington Town FC provide football coaching sessions for boys and girls in Year 1. Tot's football is the first stepping stone to playing junior football with sessions based on fun games and ball related activities. Everyone is welcome.

Sessions run on a Sunday morning at Sporting Club (indoors) from 9-10am during term time.

£10 per half term

Places are still available for Y1 children Contact Colin on 07792274251 for further details and to book a place.