

Skipton Close Cramlington Northumberland NE23 3ST

Telephone: (01670) 732 261

Email: admin@eastlea.northumberland.sch.uk Website: www.eastlea.northumberland.sch.uk

Head Teacher: Miss E Beeston
Deputy Head: Mrs K Lister and
Mrs V Stafford

12th September 2023

Dear Parents / Carers

I am writing to let you know that we will be hosting a **Family Help Worker**, **Catherine Dixon**, in school this half term. Catherine works with the **Family Hubs** and offers **Parenting Drop in Sessions** to support with a range of common issues including **sleep**, **boundaries**, **routines**, **low-level anxiety**, **housing** and **attendance**.

Catherine will be in school every Monday afternoon from Monday 18th September until Monday 23rd October (1pm – 3pm). Parents can get in touch with Catherine directly (*Tel*: 07546687301 – her working days are Mon/Tue/Wed) to book an appointment or speak to your class teacher/Miss Beeston who will liaise with Catherine to arrange a session. The sessions are typically around 30 minutes and are for parents rather than children.

Other schools within the **Cramlington Partnership** have run the same scheme and found it to be **hugely successful**. We are looking forward to working closely with Catherine and offering extra help to support at home.

If you have any questions, do not hesitate to get in touch.

Yours sincerely

Miss E Beeston Head Teacher





"Pupils take pride in their school and enjoy learning. They behave well and take care with their work. Leaders, including governors, are committed to maintaining a positive, welcoming school culture where all are enabled to achieve."