



Cramlington School Sport Partnership



Newsletter Autumn Term 2018-19

Cramlington School Games Mark Success

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School Games Mark is a national award to recognise and reward schools for their year-round commitment to PE, school sport, physical activity and the development of competition across their school.

2017-18 was the most successful year so far for the schools in Cramlington School Sport Partnership:

Burnside: Having achieved the Bronze Award in 2 previous years, Burnside achieved Silver for the first time in 2017-18

Cramlington Village: Progressed from a Bronze Award in 2016-17 to a Gold Award in 2017-18

Beaconhill: Maintained Gold Award for a third consecutive year

Harside: Maintained Gold Award

Cragside: Maintained Gold Award for a 4th consecutive year

Northburn: Maintained Gold Award for a 4th consecutive year

Shanklea: Maintained Gold Award for a 4th consecutive year

Eastlea: Platinum Award

To achieve the Gold Award you need to ensure that all children have 2 hours of timetabled PE, engage at least 50% of pupils in extra-curricular activities, have a year-round calendar of opportunities for appropriate competition, engage at least 15% of pupils in leadership activity, have active links with local community providers and support school staff in the delivery of school sport and physical activity. It is therefore no surprise that only 17% of schools nationally achieve this level. In Cramlington School Sport Partnership an incredible 88% achieved Gold Award or higher in 2017-18, and they are maintaining this level year after year.

Eastlea are the first Cramlington

school to achieve the new prestigious Platinum Award. The Platinum level was launched to reward schools who have maintained consistently high standards with their school sport provision. To achieve the new award a school must have maintained the Gold Award for 5 consecutive years, and demonstrate their school's achievements through a detailed case study. Only 1.5% of schools nationwide have achieved this new level, and Eastlea are one of only seven schools in Northumberland with the Platinum Award.

Congratulations to Eastlea and to all of our schools on the national recognition of their commitment to providing a wide range of opportunities to their pupils throughout the year. Special thanks to the PE Coordinators and staff who make everything happen!

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Cramlington & Seaton Valley Sports Awards Night

In November we held our third annual "Cramlington & Seaton Valley School Sport Awards". The event, held at Astley High School, was attended by over 100 people, including pupils, Headteachers and school staff, governors, parents and community partners. We were also delighted to be joined by Rahmon Fletcher of Newcastle Eagles, who presented awards throughout the event.

The School Sport Awards are held to recognise and celebrate all of the excellent work going on across the schools, getting children more active on a daily basis and providing them with opportunities to participate in a wide range of activities both at their school and in the community. Primary, first, middle and high schools were presented with their School Games Mark award certificates and plaques. We enjoyed a look back at some of our activities in 2017-18, including watching the Cramlington Dance Academy performance from Sage Gateshead. We were also treated to musical performances and welcomed Sport

Ambassadors from Astley High School who shared their early memories of sport at school and what they have been inspired to go on and achieve as a result, reminding us that everything we do in schools really does have an impact on our pupils.

Throughout the evening, 6 special awards were also presented, to recognise outstanding progress and achievement in specific areas of the School Games, PE and Sport Premium programmes. Schools were asked to nominate themselves for the different awards, inviting them to reflect on their strengths and achievements both within and beyond the School Sport Partnership programme:

Innovation in PE and School Sport:

Shanklea Primary School for their bespoke and targeted cycling programme which culminated in an international tour to Amsterdam. Northburn Primary School for their adoption and implementation of the OPAL (Outdoor Play and Learning) Programme. Holywell Village First School for their physical activity project to improve gross and fine motor skills in EYFS.

Excellence in Competition:

Cragside CofE Primary School

Developing Leadership and Volunteering:

Eastlea Primary School



Participation in PE and School Sport:

Cramlington Village Primary School

Improving Health and Wellbeing:

Seaton Sluice First School

Promoting and Demonstrating the School Games Values:

Eastlea Primary School

Congratulations to all schools on their continued success!



Hoopstarz

All Partnership schools have been involved again in the Hula Hooping project led by KidzRFit, aiming to increase daily physical activity. Every school hosted a "Hoopstarz Day", where pupils enjoyed learning new tricks and skills as well as playing fun games. Hula hooping is very evident in our

school playgrounds, and some schools are even running hula hooping clubs as a result of the programme. All Y3 pupils also attended a half day Hoopstarz Festival at Lakeside Centre. At the festivals they tried more skills and games, whilst making new friends from



different schools. The teachers from KidzRFit were amazed by the ability and creativity of the pupils, who clearly demonstrate the impact of the regular hula hooping they must have been doing at school and at home to achieve such skill levels!



Thunder In The Valley

In November, Y5&6 pupils from **Beaconhill, Burnside, Cragside, Eastlea, Northburn and Shanklea** middle schools with the Seaton Valley competed with the Seaton Valley for the third annual "Thunder in the Valley" basketball trophy. The competition, hosted by Newcastle Eagles Community Foundation, saw 15 teams compete at Sport Central before the Newcastle Eagles' match.

In preparation for the competition, schools had ensured that basketball was included in their PE lessons or extra-curricular programme, with many schools taking advantage of the expertise of Newcastle Eagles' community coaches to also increase the subject knowledge of their teaching staff.

Both teams from Northburn, along with teams from Cragside and Whytrig Middle progressed from group stages to the semi-finals. Northburn and Whytrig went on to face each other in a re-run of last year's final, which was played on the main court at half time in front of 2000 spectators.

Whytrig were the winners by just one basket, retaining this title for an impressive third year.

The 300 players, staff and parents who attended the competition then enjoyed cheering Newcastle Eagles on to victory against Worcester Wolves.



(Official photographs credit to Dave Moore)

Level 2 School Games Competitions

Pupils in Key Stage 2 (years 3-6) are involved in a programme of competitive sports at 3 levels:

Level 1: Intra-school competition—competition for all pupils in school, including in PE lessons, extra-curricular clubs, personal best challenges and sports day (School Games Day)

Level 2: Inter-school competition—teams are selected to compete against other schools from Cramlington & Seaton Valley area

Level 3: Northumberland School Games—winning teams from each level 2 competition go to compete against other winning teams from across Northumberland.

Through the appropriate use of competitive sport, pupils are encouraged to show the School Games Values : **determination, passion, self-belief, respect, honesty and teamwork**

Y5&6 Girls' Football

In October, 13 teams took part in the Y5&6 Girls' football cup and shield competitions. Cramlington SSP was represented by teams from Eastlea, Cragside, Burnside and Northburn. In the shield competition, for smaller schools or 'B' teams, **Eastlea Primary School** were the winners. In the cup competition, **Northburn Primary School** were runners up and **Cragside CofE Primary**

School retained the Girls' football title. They will progress to represent our area at the Northumberland School Games finals later in the year.

This event was supported by refereeing and coaching from Cramlington United, who provide football sessions for girls at all levels throughout the year.

More information can be found at www.cramlingtonunitedfc.co.uk.

Y4 Football

The Y4 football competition took place at Astley High School in October. Teams from Beaconhill, Burnside, Cragside, Eastlea, Northburn and Shanklea represented Cramlington SSP. The matches were played with fantastic sportsmanship and teamwork, with excellent refereeing from Astley High School students. **Northburn Primary School** finished as the overall

winners.



Sports Leaders

Sports leaders are now a well established, integral part of school playgrounds, organising resources and activities for other pupils. The Sports Leaders gain important leadership experience through the role, which can result in increases in confidence, reliability and ambition, and the younger children love the fun activities organised by their role models.



Many leaders begin their leadership journey with training, with some schools

even enhancing the life experience to be gained by inviting pupils to apply and be interviewed for the job!

Sports leaders also become involved in School Sport Partnership activity, and in Autumn Term, leaders at **Crag side, Cramlington**

Village and **Northburn** ran Playground Games festivals for their KS1 pupils, which



involved them teaching traditional playground activities such as hopscotch, skipping and What's the Time Mr Wolf.



Curricular and Extra-curricular Programme

A core aspect of the School Sport Partnership programme is enhancing PE lessons and extra-curricular activities in the schools. Through this year-round work we target improvements within the PE and Sport Premium key indicators:

- *the engagement of all pupils in regular physical activity – the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school*
- *the profile of PE and sport is raised across the school as a tool for whole-school improvement*
- *increased confidence, knowledge and skills of all staff in teaching PE and sport*
- *broader experience of a range of sports and activities offered to all pupils*
- *increased participation in competitive sport*

Through working alongside specialist coaches and teachers, we are increasing the range of opportunities available to pupils, but also improving the subject knowledge and confidence of teaching staff in some activities, to promote sustainability for the future.

During the Autumn term, badminton and Pilates were introduced to the programme for selected classes in KS2. Badminton is a sport that many pupils may not have had the opportunity to try before, yet is a great activity for getting active with family and friends both at home and in the community. Pilates was new to almost all of the children, who discovered that it was hard work! As an individual activity where you are only competitive with yourself, and a chance to relax and be calm and mindful, this has

engaged pupils in PE who might not always enjoy "traditional" PE activities.

We have continued our development of supporting teachers in the delivery of dance and gymnastic activities, yoga for pupils in Nursery/Reception, and fundamental skill development in Key Stage one, so pupils and staff across our schools have access to high quality, specialist input during curriculum time.

The range of extra-curricular activities on offer continues to grow, and is often driven by the need for preparation for School Games competitions, and pupil voice requesting new and different activities. During the Autumn term, clubs across the Partnership included football, basketball, dance, hockey, boxing, rugby, badminton and gymnastics.

Gallery



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