



Cramlington School Sport Partnership

Newsletter Spring Term 2013-14

Sport Premium Funding Update

As part of their "Getting More People Playing Sport" policy, the Government is providing £150 million per academic year, ring-fenced so it can only be spent on PE and Sport in schools. The funding was initially for two academic years, and this has been

extended for the year 2015-16. The Prime Minister has also made a commitment to provide this funding to schools until 2020. The Cramlington Primary Schools have pooled their funding to work together as "Cramlington School Sport

Partnership" and this newsletter reports on the activities that have taken place in the Spring Term and the impact of how the Sport Premium Funding is being spent.

April 2014

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Year 4 Racket Sports Festival

Racket Sports Festivals for Y4 pupils were held at Concordia, with every Cramlington Primary School participating. This was a fun festival where the pupils took part in different activities, ably led by Y9 and Y10 Sports Leaders from CLV. The activity stations were designed to develop the

fundamental skills required for racket sports, such as agility, hand eye coordination and balance, and gave children the opportunity to try new and different activities.

Jordan: "It was fun. I liked the paper balls you blew. I haven't played with those before."

Mia: "I liked the way everyone encouraged you to try and get better. Everyone was really friendly. I



liked the badminton, I'm going to play with dad."

Nicolas: "I really enjoyed the Angry Shepherd and the relay races because it was really fun and made me have a smile on my face."



Sport Premium Funding Making an Impact

Northern Gymnastics

Samantha and Jaimie from **Eastlea Primary School** took part in the School Games Gymnastics competition, held at Northern Gymnastics Centre. As a result of the competition, both girls have now joined Northern Gymnastics Club. Jaimie had never been to the centre before the competition and once she saw all the apparatus she couldn't wait to join! She is looking forward to trying the vault and the bars and would love to win



a gold medal in the Olympics for vaulting. Samantha loves the beam and the bars and her ambition is to be able to do a back handspring (and to win a gold medal!).



They have both recently taken part in a floor competition, where Jaimie came 3rd out of 37 gymnasts. Maybe we will see them in the 2024 Olympics!

For more information, contact Gemma Wilkinson: northern.gymnastics@btconnect.com

Concordia Squash Club

Following the Rackets Sports Festivals, Y4 pupils across Cramlington had a squash taster session from Ian McAllister at Concordia Squash Club. A number of pupils from the Cramlington primary schools have since joined their new junior squash club. Arran from **Burnside** had never played squash before but he loves it! "The club is really friendly and you learn a lot. I like to play racket sports. Squash is interesting



because you have to estimate where the ball is going to come back. I look forward to playing against other people and hope to eventually win a medal in a tournament". Joseph from **Shanklea** has also joined the squash club. "My mum used to play squash but I had never played before. I enjoyed the session at school so I joined the club. It's the first sports club I have joined. We learn a lot and everyone is friendly. I want to get better at serves but I am just enjoying learning how to play."

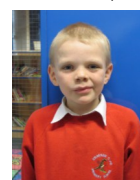
The junior squash club is for any pupils in Y4 and above, contact Ian McAllister for more information: ianmcallister4@hotmail.com 07748653489



Cramlington Rockets Rugby League

All schools in Cramlington have offered tag rugby coaching delivered by Steve Beatty to pupils in KS2. 30 pupils attended a half term multi-sport camp run by Steve at Sport Camp Club and a number of pupils, including Owen from **Craggside CofE Primary**, have recently joined the Cramlington Rockets club as a result of the coaching in school. "I have made lots of new friends from other schools. I enjoyed the rugby at school, we played lots of fun games, so I asked if I could join the club. In the future I would like to coach other children to play rugby".

For more information about Cramlington Rockets, contact Steve Beatty: 07984630083; sbeaty_r@yahoo.co.uk



Y5&6 Multiskills Academy

Sport Premium Funding has been used to offer a Multiskills Academy for our most talented sports performers in Year 5 and Year 6. Each school identified their Gifted & Talented performers, who were invited to a testing session at Sporting Club. The testing involved a bank of skills tests, such as agility, speed, strength, and hand-eye coordination. The top 10 scoring girls

and top 10 boys were then invited to attend the Multiskills Academy for 6 weeks, which was led by Tony Dowson, who is a PE teacher and sports coach with experience of working with elite sports performers.

The sessions gave pupils opportunities to work with other gifted young people

and take part in activities to develop Fundamental Movement Skills (agility, balance, coordination) and basic sports skills, enabling them to improve in whatever their chosen sport is, and also to gain a brief insight into mental preparation and goal setting to help them reach their potential and follow their dreams in sport.

Blyth Valley Extra-Curricular Coaching

Extra Curricular coaching has taken place across the partnership this term. Children have had access to quality coaching in both before and after school clubs. They have had the opportunity to try out new sports as well as the old familiars. The options have been diverse: archery to cheerleading, street dance to mini-fencing, Tag rugby to basketball. In total there have been 25 different clubs across

the Partnership.

Molly (Y4) attended cheerleading and street dance: "at street dance we did lots of moves on the floor and movements with our arms. At Cheerleading we got to use pom poms and my favourite thing was standing on my friend's back".

Kerry (Y6) took part in archery: "I liked how we did different games which made it fun. I'd never done it before and I got a lot better. Beat the Coach was my favourite game...but I didn't beat him!"



Many schools held Sport Relief events on Friday 21st March.

Craggside CofE Primary School held a whole-school

cross country competition, whilst pupils at **Eastlea** and **Beaconhill** completed a "Sport Relief Mile".

Y5&6 Badminton Coaching

Pupils at **Beaconhill**, **Eastlea** and **Northburn** have had the opportunity this term to participate in Badminton coaching delivered by Rob Wetherell from the Newcastle Performance Centre. Rob is a former top UK badminton player in his own right. The children have been taught basic skills, such as how to hit a shuttlecock safely and volleying skills, both forehand and backhand. In addition,

they participated in activities to promote the development of accuracy by volleying shuttles in to hoops. Pupils can continue playing at after-school sessions at Sporting Club. Pupils in the other primary

schools will receive the coaching in the Summer term.



Year 3 pupils at **Beaconhill**, **Burnside**, **Craggside**, **Eastlea** and **Shanklea** received tennis coaching as part of the Tony Blair Sports Foundation leadership training at Cramlington Learning Village. Pupils enjoyed the fun and active sessions, led by coach Michael Hume, and teachers reported very noticeable improvements in tennis skills and knowledge of how to play the game. Ella from **Burnside** "really enjoyed playing tennis. Now that I know how to play, my Dad even hired a tennis court for the family". Sports Leaders from CLV will organise a tennis competition for teams of Y3 pupils in June.



FA Tesco Skills Coaching

Y2 pupils at **Craggside** and Y1&Y4 pupils at **Shanklea** have participated in a 6 week football coaching programme structured to suit children of all abilities. Children from absolute novices to more experienced players are challenged and developed throughout the sessions. The coach, Chris Foreman, uses a combination of practical demonstrations and modern technology in the shape

of an iPad allowing children the opportunity to observe/discuss and implement skills and strategies. "The children really enjoyed the experience and huge improvements could be seen in just a short time" (Y1 teacher from Shanklea).



Year 3 and 4 pupils in the Cramlington primary schools received a half term of Tag Rugby coaching in their PE lessons from coach Steve Beaty, who is based at Cramlington Rockets. The coaching will help the schools to prepare a team for the Y3/4 and Y5/6 School Games level 2 competitions to be held in May at Astley High School.

Tag Rugby Coaching

The pupils learnt the basics of the game, whilst their teachers picked up lots of ideas for teaching Tag Rugby in the future. Good luck to all the schools at the School Games competition!

The Golden Mile

This exercise initiative is promoting good health and future good fitness practice, with the totals increasing in each challenge:

Year 5 Golden Mile Challenge:

1st **Northburn** Primary average 8.71 miles per child
2nd **Eastlea** Primary average 5.05 miles per child
3rd **Shanklea** Primary average 1.05 miles per child

Year 4 Golden Mile Challenge

1st **Burnside** Primary average 14.6.miles per child
2nd **Eastlea** Primary Average 10.0 miles per child
3rd **Hareside** Primary Average 7.2.miles per child

Some schools have developed this into a weekly activity resulting in children gaining Bronze (10 miles) and Silver awards (25miles). Who will achieve the first Gold Award (50 miles)?

Forthcoming Challenge Weeks:

28th April: Year 2 Challenge Week
19th May: Year 6 After SATs Challenge
2nd June: Year 1 Challenge Week
23rd June: Whole School Challenge Week



Level 2 School Games Competitions



Y3/4 Gymnastics Northern Gymnastics Club hosted the School Games Y3/4 Gymnastics competition. Children from 12 teams had the opportunity to demonstrate skills and routines they had learnt in school in a fully equipped gymnasium.



Each team performed two floor routines where a pupil from **Eastlea** and **Hareside** each scored a perfect 10. The competitors also had the opportunity to try the beam, springboard and sports acrobatics partner balances, led by the coaches and gymnasts of Northern Gymnastics Club. The winners of the

competition, **Hareside Primary School** will go on to represent Cramlington and Seaton Valley at the Northumberland School Games Finals in June.

Congratulations!



Y6 Netball Teams from Seaton Valley and Cramlington converged at Seaton Sluice Middle School for a Y6 netball tournament. Some schools fielded teams that had very little experience of playing netball but all teams gave a good account of themselves and showed a lot of improvement throughout the matches.



Hareside, Burnside and **Eastlea** won their groups to progress to the semi-finals. The final was between Whytrig Middle School and **Eastlea Primary School** with Eastlea having a very narrow 3-2 defeat. Well done to all those who took part in this competition!

Newcastle United Foundation Premier League Schools Tournament

Sixteen schools from across Northumberland took part in the NUFC Foundation Premier League Schools Tournament, held at Sporting Club in Cramlington. The winning team would eventually compete for the opportunity to play in the National Finals to be held at Etihad Stadium in Manchester. Teams from **Burnside, Cragside, Northburn** and **Shanklea** represented

Cramlington in the U11 competition. All teams competed with good skills, teamwork and sportsmanship.



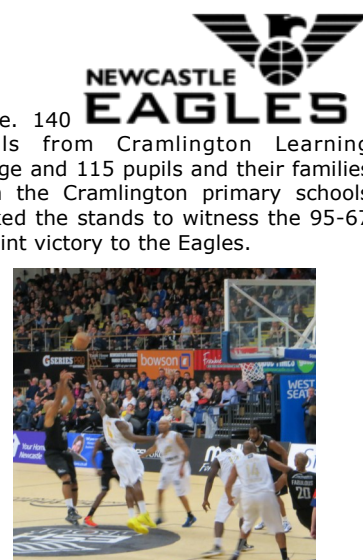
Northburn, Shanklea and Cragside fell just short of qualifying for the finals, whilst **Burnside** won their group and progressed to play Ponteland Middle School in the final. The closely fought game finished 0-0 after full time and went straight to penalties. The nail-biting penalty shootout finished 6-5 to Ponteland.

Cramlington Night at Newcastle Eagles

On Friday 21st March, children and their families from across Cramlington enjoyed the Newcastle Eagles game against London Lions. In recognition of our partnership with Newcastle Eagles, the Cramlington schools were offered a very special ticket price for the match, played at Northumbria

University's Sports Central venue. Pupils at **Eastlea, Burnside** and **Shanklea** were also lucky enough to have a visit from Drew Lasker, first team player for the Eagles, before the

game. 140 pupils from Cramlington Learning Village and 115 pupils and their families from the Cramlington primary schools packed the stands to witness the 95-67 point victory to the Eagles.



Professional Development

Sport Premium funding is being used to release teachers for training and provide high quality professional development opportunities and resources for teachers and staff to support the delivery of high quality PE in our primary schools. This term, teachers from 6 schools attended the "**Learn to Compete, Compete to Learn**" course, led by National tutor Lesley Doughty. This course and

resource focuses on fun and practical ways of introducing appropriate, healthy competition for all primary school pupils, which is a requirement of the new National Curriculum at both KS1 and KS2. One teacher learnt "how to introduce competition in a non-threatening way" whilst another learnt "ways to ensure inclusion, differentiation and about opportunities to challenge".

Another teacher described the day as "very worthwhile and inspirational".

As part of the Y5 skipping project, we have also had a teachers' workshop course on **Skipping** led by Chris Corcoran, Director of Skipping School. This practical course covered the basics of skipping right through to (not very successfully!) attempting double dutch.

Cramlington School Sport Partnership
Beaconhill Primary School
Langdale Drive
Cramlington
NE23 8EH



Gill Marsden
School Sport Partnership Coordinator
Phone: 07455 320979
E-mail: Gillian.Marsden@Northumberland.gov.uk

Allison Graydon
Admin Support
E-mail: Allison.Graydon@Northumberland.gov.uk



Sports Leaders

Two Y6 pupils at **Eastlea** Primary School and 16 leaders at **Shanklea** Primary have achieved their First Step Leadership and Volunteering Gold Award. This required them to complete 50 sessions of leading other pupils in activities. Many congratulations to them!



Y5 Skipping

The year 5 Skipping Festival takes place on Wednesday 2nd April. This follows on from skipping workshops, led by Skipping School Director Chris Corcoran, which were held in schools earlier this term. Teams from all Cramlington primary schools and the 2 middle schools from Seaton Valley have been busy practising their skills and creating routines ready for the competition. The children are so enthusiastic and have been practising over break and lunch times. Good luck to all teams. There will be a full report in the Summer Newsletter.

Judo

Pupils from **Burnside** Primary School and **Shanklea** Primary School enjoyed a Judo taster session from coach Kevin Pattison. Y5 pupils at Burnside and Y3 pupils at Shanklea enjoyed the fun games which involved some of the movement skills involved in Judo, as well as learning some of the Japanese vocabulary used in the Sport. Judo is an excellent form of exercise for all ages which can build confidence and has an emphasis on discipline and self-control. Pupils from Burnside will be offered Judo as an extra-curricular club in the summer term.

Dates for your Diary

Thursday 24th April: **Northumberland PE Conference**

Friday 25th April: **Y3/4 School Games Tri Golf Tournament** at Whytrig Middle School

w/c 28th April: **Y2 Golden Mile Challenge Week**

Monday 28th April: **Teachers' Workshop—Badminton** at Concordia

Wednesday 30th April /7th May: **Year 3 Skipping Festivals** at Concordia

Friday 16th May: **Y3/4 & Y5/6 School Games Tag Rugby Tournaments** at Astley High School

w/c 19th May: **Y6 After-SATs Golden Mile Challenge Week**

Wednesday 21st May: **Y6 Athletics Competition** at CLV

Friday 23rd May: **Y4 School Games Tennis Competition**

Friday 23rd May: **Deadline for Y3/4 School Games Athletics Entries** (Virtual Competition)

w/c 2nd June: **Y1 Golden Mile Challenge Week**

Wednesday 4th June: **Tony Blair Foundation Y3 Tennis Competition**

Friday 6th June: **Y5/6 School Games Athletics** at Northburn Sports Centre

Monday 9th June: **Area Athletics Championships**

Wednesday 11th June: **Y1 Multi-Skills Festivals** at Concordia

16th/17th/18th/20th June: **Y3/5 Cricket Festivals** at Cramlington Learning Village

w/c 23rd June: **School Sports Week—Whole School Golden Mile Challenge**

Wednesday/Thursday 25th/26th June: **School Games Finals** at Concordia/Sporting Club

Also happening this term:

Y4 Basketball Coaching
Y5/6 Badminton Coaching
Y5 Squash Taster Sessions
FA Tesco Skills Football Coaching