



Eastlea
Primary
School

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6th July 2021

FOR PARENTS/CARERS OF CLOSE CONTACTS OF COVID-19

Dear Parent/Carer,

Advice for Child to Self-Isolate for 10 Days

Unfortunately, we have been advised that there has been a confirmed case of COVID-19 within the school.

We have identified that your child has been in close contact with the affected case. In line with the national guidance we recommend that your child now stays at home and self-isolates until 15th July. During this period, **your child must not go to school or any public areas: your child must remain at home.**

Further details of what your child needs to do are in NHS Guidance:

<https://www.nhs.uk/conditions/coronavirus-covid-19/testing-for-coronavirus/nhs-test-and-trace-if-youve-been-in-contact-with-a-person-who-has-coronavirus/>

We are asking you to do this to reduce the further spread of COVID 19 to others in the community. If you need support with isolation, contact us in school and we will do our best to signpost you to any help you may need.

Other members of your household can continue normal activities, provided your child does not develop symptoms within the self-isolation period (see below).

If your child is well at the end of the period of self-isolation, then they can return to school and resume their usual activities (**returning to school for the last day of term on Friday 16th July**).

What to do if your child develops symptoms of COVID 19

For most people, especially children, COVID-19 will be a mild illness.

The most common symptoms of COVID-19 are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)



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If your child develops any of these symptoms of COVID-19, they should remain at home and arrangements should be made for them to be tested. **At that time all other household members must also stay at home, not go to work, school or public areas, even for exercise.**

Testing can be arranged by calling 119 or via the NHS website: nhs.uk/coronavirus

When the result of the child's test is known, further advice will be available.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19:

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further information

Further information is available at nhs.uk/coronavirus

Please check our school website/Facebook page/Seesaw for ongoing information and schoolwork for your child.

I am very sorry that this has happened at this late stage of the school year and am grateful for your support and understanding. The positive case which has been identified is via a lateral flow test – so if the follow up PCR test is returned negative then we will let you know and the children will be able to return to school. If the outcome of the PCR is positive then the isolation period will stand.

We are also aware that this means your child will miss the planned Golden Day – and will make sure we do something for them on the morning of Friday 16th to celebrate and ensure they do not miss out entirely.

Yours sincerely

E J Beeston

Miss E Beeston
Head Teacher



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