



Cramlington School Sport Partnership



Newsletter Autumn Term 2019-20

Cramlington School Games Mark Success

December 2019

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School Games Mark is a national award to recognise and reward schools for their year-round commitment to PE, school sport, physical activity and the development of competition across their school.

2018-19 was the most successful year so far for the schools in Cramlington School Sport Partnership:

- Beaconhill:** Gold Award maintained for a fourth consecutive year
- Cragside:** Platinum Award
- Northburn:** Platinum Award
- Shanklea:** Platinum Award
- Eastlea:** Platinum Award maintained for second year

To achieve the Gold Award a school needs to ensure that all

children have 2 hours of timetabled PE, engage at least 50% of pupils in extra-curricular activities, have a year-round calendar of opportunities for appropriate competition, engage at least 15% of pupils in leadership activity, have active links with local community providers and support school staff in the delivery of school sport and physical activity.

Cramlington School Sport Partnership now has 4 schools who have achieved the prestigious Platinum Award. The Platinum level was launched to reward schools who have maintained consistently high standards with their school sport

provision. To achieve the Platinum award a school must have maintained the Gold Award for 5 consecutive years, and demonstrate their school's achievements through a detailed case study.

Congratulations to all of our schools on the national recognition of their commitment to providing a wide range of opportunities to their pupils throughout the year. Special thanks to the PE Coordinators, Headteachers and staff who make everything happen!



Inside this issue:

Thunder In The Valley	2
Jiu-Jitsu	2
Futsal	2
School Games	2
Sports Leaders	3
SSP Programme	3
Gallery	3

Cramlington & Seaton Valley Partnerships' Celebration

In November, schools from Cramlington and Seaton Valley School Sport Partnerships attended our annual celebration event, which this year was held at St James' Park. Staff and specially selected pupils from the schools took part in "Commando Joe's" teambuilding and problem solving challenges led by staff from Newcastle United Foundation, and enjoyed a tour of St James' Park, including the view from one of the highest points in the stadium, visiting both changing rooms, running down the tunnel and sitting pitch side on the bench. Schools were also presented with their School Games Mark awards for 2018-19, celebrating the ongoing, sustained success and commitment to PE and School Sport across both Partnerships.



Thunder In The Valley



In November, 14 teams descended on Eagles Community Arena for our annual Thunder In The Valley basketball competition. Y5&6 pupils representing **Beaconhill, Burnside, Eastlea, Northburn** and **Shanklea**, along with teams from Whytrig and Seaton Sluice Middle Schools, took part in a 4v4 basketball competition. The standard was impressively high with a lot of competitive play and plenty of baskets scored.

Whytrig Middle School continued their unbeaten run in this event, with their A and B teams playing against each other in the final, which was played at half time in the Newcastle Eagles game.

Almost 300 players, school staff and family supporters stayed and enjoyed the spectacle of live top-class basketball as they cheered Newcastle Eagles to a 104-71 victory over Manchester Giants.

Cramlington Vikings are our local Eagles' club for any pupils who might want to play more basketball.
 U12s and U14s: Wednesdays 7.00-8.00pm at Sporting Club.
 The first session is free and you can just turn up at this time.
 For more details, contact Taylor Rendles, t.rendles@eaglescommunityfoundation.com or 0191245388.



(Official photographs credit to Dave Moore)

Jiu-Jitsu

Pupils across KS1 and KS2 at **Beaconhill, Burnside, Cragside, Eastlea** and **Shanklea** were treated to taster sessions of Brazilian Jiu-Jitsu during September. The exciting and fun sessions in this martial art were led by Patrick Tucker, who is running a new club in Cramlington.

Pupils who enjoyed the taster session and would like to find out more can take part at Beaconhill Community Centre, on Tuesdays:
 Ages 5-7 4.00-4.45pm
 Ages 8+ 4.45-5.35pm

For more details, contact Patrick tucker.patrick@live.co.uk or 07729775659



Futsal

Pupils at **Eastlea, Cragside** and **Shanklea** Primary Schools have taken part in a special programme for Y3&4 during the Autumn term. Pupils firstly attended a weekly extra-curricular club led by coaches from Futsal Partnership, and then took part in an inter-school competition, which was held at Concordia. Coaching staff were impressed by the energy and enthusiasm of the players and after an exciting competition the winning team were from Cragside.

The Futsal Partnership run a range of weekly sessions and holiday camps:
 Weekly sessions are held on Monday, Tuesday and Thursday evenings at Northburn Sports Centre, Cramlington, NE23 3YP, 5.30-7.30pm.
 Children get two free taster sessions.
 Contact Dan on 07854190807 or dan@thefutsalpartnership.com for more details.



Level 2 School Games Competitions

Pupils in Key Stage 2 (years 3-6) are involved in a programme of competitive sports at 3 levels:

Level 1: Intra-school competition—competition for all pupils in school, including in PE lessons, extra-curricular clubs, personal best challenges and sports day (School Games Day)

Level 2: Inter-school competition—teams are selected to compete against other schools from Cramlington & Seaton Valley area

Level 3: Northumberland School Games—winning teams from each level 2 competition go on to compete against other winning teams from across Northumberland.

Through the appropriate use of competitive sport, pupils are encouraged to show the School Games Values : **determination, passion, self-belief, respect, honesty and teamwork**

Y5&6 Girls' Football

11 teams from across Cramlington and Seaton Valley competed in cup and shield competitions at the girls' football competition. Cramlington SSP was represented by **Northburn, Cragside, Burnside, Shanklea** and **Eastlea**.

Cup Competition

- 1st: Northburn
- 2nd: Cragside
- 3rd: Hareside

Shield Competition

- 1st: Eastlea
- 2nd: Burnside
- 3rd: Northburn

School Games Values Award: Shanklea

Northburn will go on to represent Cramlington & Seaton Valley in the Level 3 Northumberland School Games in the summer term.

Y3&4 Tri-Golf

16 teams took part in the Tri-Golf competition, held in October at Astley High School. For many of the competitors this was their first experience of representing their school at a sporting



competition. Teams took part in a series of different games and challenges using golf skills. The activities were led by sports leaders from Whytrig Middle School, and at each station competitors accumulated points for their team.

Burnside and Holywell Village First School were the two group winners at the event. With the higher score overall, Holywell will progress to the Northumberland School Games in the summer.

Sports Leaders

Sports leaders are now a well established, children love the fun activities organised by their role models. Many leaders begin their leadership journey with training, with some schools even enhancing the life experience to be gained by inviting pupils to apply and be interviewed for the job!



Curricular and Extra-curricular Programme

A core aspect of the School Sport Partnership programme is enhancing PE lessons and extra-curricular activities in the schools. Through this year-round work we target improvements within the PE and Sport Premium key indicators:

- the engagement of all pupils in regular physical activity
- the profile of PE and sport is raised across the school as a tool for whole-school improvement
- increased confidence, knowledge and skills of all staff in teaching PE and sport
- broader experience of a range of sports and activities offered to all pupils
- increased participation in competitive sport

Through working alongside specialist coaches and teachers, we are increasing the range of opportunities available to pupils, but also improving the subject knowledge and confidence of teaching staff in some activities, to promote sustainability for the future.

During the Autumn term, badminton and Pilates were introduced to selected classes in KS2. Badminton is a sport that many pupils may not have had the opportunity to

try before, yet is a great activity for getting active with family and friends both at home and in the community. Pilates was new to many of the children, who discovered that it was hard work! As an individual activity where you are only competitive with yourself, and a chance to relax and be calm and mindful, this has engaged pupils in PE who might not always enjoy "traditional" PE activities. We have continued our support of



teachers in the delivery of gymnastics activities for pupils in KS2, and fundamental movement skills for KS1, with many pupils and staff across our schools having access to high quality, specialist input during curriculum time.

The range of extra-curricular activities on offer continues to grow, and is often driven by the need for preparation for School Games competitions, and by pupil voice requesting new and different activities. During the Autumn term, clubs across the Partnership included golf, boxing, futsal, dance, football, gymnastics, archery, badminton and table tennis.



Gallery



(Official photographs from Thunder In The Valley credit to Dave Moore)

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