



### Eastlea School Lunches – autumn menus

Our aim is to restart serving school lunches from September. Menus will be the same as the ones in place in the spring term before the pandemic – and are included below for your reference.

We will start with 'Week 1', so on Wednesday 2<sup>nd</sup> September it will be roast dinner, on Thursday 3<sup>rd</sup> we will be serving chicken curry and on Friday it will be pizza and chips. There may be some slight changes to puddings and accompaniments while the new system of orders comes into effect, but the kitchen staff will do their best to keep changes to a minimum.

We realise that we cannot please everyone all of the time so the flexible arrangement of ordering school lunches on a day to day basis will continue, but we hope there are enough popular choices in the menus to encourage the children to try the meals for one or more days each week. Alternatives will continue to be available each day either for those with diagnosed allergies, or for those who prefer a sandwich or a baked potato on some days.

**Meals will continue to be charged at £2.30 per day for pupils in Year 3/4/5/6 and £2.00 for Nursery and we ask that the money is brought in by your child in an envelope with the name/class/amount clearly marked.** Cheques made payable to Eastlea Primary School could also be used if families wish to pay for several days in advance.

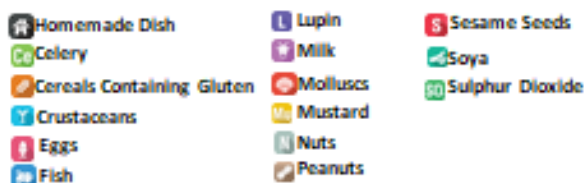
Yours sincerely,









































Miss Beeston and Ms Williams (Cook)

## AUTUMN MENU 2020

### EASTLEA PRIMARY SCHOOL

#### WEEK ONE



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	"Sausage and mash" with gravy  	Spaghetti bolognese   	Roast of the Day with Yorkshire Pudding    	Chicken Curry with Naan bread   	Homemade cheese and tomato pizza   
Potatoes Pasta/Rice	Mashed Potatoes 	Pasta / garlic bread   	Roast potatoes 	Rice	Chips
Vegetables	Sweet corn / peas	Mixed vegetables	Cabbage / Carrots	Sweetcorn	Baked Beans / Garden Peas
Salad Bowl	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	Brownie and milkshake    	Apple crumble and custard    	Cornflake cake    	Homemade Soup with a Bread Roll     QB Cheese and crackers	Steamed pudding of the week and custard    



Fresh Fruit, Yoghurt and Bread available daily  
Drinking water is available daily on the dining room tables



# AUTUMN MENU 2020

## EASTLEA PRIMARY SCHOOL

### WEEK TWO

- Homemade Dish
- Celery
- Cereals Containing Gluten
- Crustaceans
- Eggs
- Fish
- Lupin
- Milk
- Molluscs
- Mustard
- Nuts
- Peanuts
- Sesame Seeds
- Soya
- Sulphur Dioxide

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Chicken pie 	Minced beef fajitas 	Roast of the Day with Yorkshire Pudding 	Mild chilli 	Fish fingers 
Potatoes Pasta / Rice	Mashed potatoes	Pasta 	Roast Potatoes 	Rice 	Chips
Vegetables	Mixed vegetables	Sweetcorn	Cabbage / Carrots	Carrots	Baked Beans / Garden Peas
Salad Bar	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	Flapjack and milkshake 	Rice pudding and jam or cheese cake 	Home made biscuit 	Homemade Soup with a Bread Roll  QB Fruit salad	Steamed pudding of the week and outard 



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# AUTUMN MENU 2020

## EASTLEA PRIMARY SCHOOL

### WEEK THREE

- Homemade Dish
- Celery
- Cereals Containing Gluten
- Crustaceans
- Eggs
- Fish
- Lupin
- Milk
- Molluscs
- Mustard
- Nuts
- Peanuts
- Sesame Seeds
- Soya
- Sulphur Dioxide

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Minced beef pie 	Cheese and ham melt 	Roast of the Day with Yorkshire Pudding 	Chicken wrap 	Oven baked sausages 
Potatoes Pasta / Rice	Mashed Potatoes	Pasta 	Mashed Potatoes 	Rice and sweet chilli sauce	Chips
Vegetables	Carrots	Garden Peas	Cabbage / Carrots	Sweetcorn	Baked Beans / Garden Peas
Salad Bar	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	Muffins and milkshake 	Cake and outard 	Angel delight 	Homemade Soup with a Bread Roll  QB Jelly	Steamed pudding of the week and outard 



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